

# The Arts Therapies and Brain Injury Conference:

## OPTIMISING OUTCOMES ACROSS ASSESSMENT, TREATMENT AND CARE



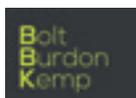
**15<sup>TH</sup> MARCH 2018**

**BRITISH MEDICAL ASSOCIATION HOUSE, LONDON**

**EARLY BIRD DISCOUNT: £155 +VAT**

Available until 31<sup>st</sup> January 2018 Standard Price: £195 + VAT

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# CHROMA PRESENTS

## Arts Therapies and Brain Injury: Optimising Outcomes Across, Assessment, Treatment and Care

### DRAFT PROGRAMME

- 08:45 - 09:25 **Registration, tea/coffee, networking and exhibition stands**
- 09:25 - 09:30 **Chris Bryant, Member of Parliament**
- 09:30 - 09:35 **Introduction to the conference  
Conference Chair (TBC)**
- 09:35 - 09:40 **Welcome from the sponsor**
- 09:40 - 10:00 **A clients journey**  
The conference starts by hearing from one of Chroma's brain injury clients about their experience of accessing an arts therapy-based intervention as part of their rehabilitation journey.  
**Speaker TBC**
- 10:00 - 11:00 **Creative arts therapies in neurorehabilitation: An overview of current theory, practice and research evidence (Children and adults)**  
This session provides an introduction to the evolving field of the creative arts therapies, and specifically Neurologic Music Therapy within brain injury rehabilitation. The session will overview current research and highlight specific areas of best practice as identified by a recently updated Cochrane review of music interventions in acquired brain injury. This will include music therapy in the assessment and rehabilitation of those in Prolonged Disorders of Consciousness (PDOC) and other areas normally considered at the edge of traditional Brain Injury work, such as Foetal Alcohol Syndrome and Cerebral Palsy. Potential mechanisms for how music therapy may influence neuroplasticity will also be discussed, as well as an overview of current research into the use of therapeutic singing interventions to address respiratory function, voice, and mood for people with neurological injury or disease.  
**Dr Jeanette Tamplin, Research Fellow - National Music Therapy Research Unit (NaMTRU) at The University of Melbourne, Clinical Music Therapist - Royal Talbot Rehabilitation Centre, Austin Health, Melbourne, Australia**
- 11:00 - 11:25 **Tea/coffee, networking and exhibition stands**
- 11:25 - 12:10 **Demonstrating Efficacy through the Concepts of Neurologic Music Therapy (Children and adults)**  
This session describes the Transformational Design Model (TDM™), a system which therapists use to create goal oriented, therapeutic music experiences, via a reasoning process linking assessments, goals, and learning/training through music. The TDM assists therapists in designing neurologically based music therapy interventions to address specific, observable, functional goals (as opposed to generic music activity based interventions). The session will provide clinical examples and demonstrations which highlight the TDM "in action."  
**Sarah B. Johnson, MM, MT-BC, Neurologic Music Therapist, Colorado State University, Colorado USA**
- 12:10 - 13:10 **Clinical Harmony  
Music Therapy and Neuropsychology; an innovative joint approach to treatment and assessment of children with aquired brain injury (Children).**  
This presentation outlines the rationale and methodology for the joint Music Therapy and Neuropsychology therapeutic approach used during assessment and treatment of children with acquired brain injury (ABI) at the National Rehabilitation Hospital, Dublin. The presentation will also introduce the O'Connor O'Doherty Music therapy and Psychology Assessment (OOMPA) tool which has evolved as a result of clinical need in relation to the assessment of children whose abilities cannot be fully identified using

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available standardised assessment tools. The OOMPA is currently being used effectively in paediatric ABI rehabilitation settings to evaluate readiness for rehabilitation, inform therapeutic goal-setting and measure outcome and change.

Case studies, video examples and clinical data will be used to illustrate this unique treatment and assessment approach.

**Sarah O'Doherty, Clinical Psychologist in Paediatric Neuropsychology & Rebecca O'Conner, Senior Music Therapist, The National Rehabilitation Hospital, Ireland.**

13:10 – 14:15

Lunch, networking and exhibition stands

14:15 – 15:00

Choice of break out session

## OPTION 1

### Therapeutic Playing on Musical Instruments – practical applications in Neuro-Rehabilitation. (Adults)

This practical workshop introduces the neuro-scientific framework for motor issues in neurology and the way movement can be stimulated by music and rhythm. Looking at a range of diseases and conditions, delegates will use musical instruments to experience how they can improve the range of motion, endurance, muscle strength, coordination of limbs, postural control, dexterity and grip, mobility and body perception and sensation, necessary to perform daily life activities. The workshop brings together physiotherapy and music therapy approaches.

**Dr. Anna Bukowska, MT, PT, NMT-FDept of Occ. Therapy, The University of Physical Education in Krakow, Poland**

## OPTION 2

### Articulating Art Therapy (Children and adults)

A practical and hands-on session which allows delegates to experience, engage with and understand an art therapy process from a client's/patient's point of view. Delegates will see how a therapy process might begin, and that even when clients have very limited physical, cognitive or verbal capacities due to a brain injury, they can still fully engage with the emotional, social neuro-rehabilitative process.

**Kate Lawrence, Art therapist, Chroma**

15:00 – 15:25

Tea/coffee, networking and exhibition stands

15:25 – 16:25

### Assessment, evaluation and measuring outcomes with minimally responsive populations (Children and adults)

This session will cover research-based clinical applications of the Music Therapy Assessment Tool for Awareness with Disorders of Consciousness (MATADOC) with adults and children who are minimally responsive due to profound brain injury and end-stage dementia. Validated for use with adults with prolonged disorders of consciousness, the MATADOC has been adapted for children with profound brain damage and for people with end-stage dementia, and is currently undergoing validation for both populations. The session will focus on the role of MATADOC within multidisciplinary teams, informing the professional team's approach in the long term care and rehabilitation of people with complex needs stemming from profound brain damage and dementia.

**Dr Wendy Magee, Professor, Temple University, USA**

16:25 – 16:55

### 'The icing on the cake' – the value of NMT within inpatient rehabilitation services

This presentation will focus on the development of an NMT service as part of established adult and paediatric rehabilitation programmes at HCA Healthcare UK; the benefits to patients, families and staff.

**Claire Dunsterville, Head of Therapy and Rehabilitation, Portland Hospital for Women and Children & Anna Menen Sanchez, MA, Music therapist & NMT Fellow**

16:50 – 17:00

Conference close

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# BIOGRAPHIES

## Arts Therapies and Brain Injury:

Optimising Outcomes Across Research, Assessment, Treatment and Care

### Chris Bryant

Member of Parliament

Chris Bryant is a British Labour Party politician who has been the Member of Parliament for the Rhondda since 2001. He was Minister for Europe and Deputy Leader of the Commons under the last Labour Government, and has most recently served as Shadow Leader of the House of Commons. He was one of two leading MPs who fought to expose the phone hacking scandal at Rupert Murdoch's News International and has penned several successful books, most recently on the history of parliament.

Chris is a fluent Spanish speaker and Europhile and is actively involved with the Spain and Latin America parliamentary groups.

Before entering parliament he was a priest in the Church of England. He now chairs the All Party Parliamentary Group on Acquired Brain Injury.



### Dr Jeanette Tamplin

Research Fellow - National Music Therapy Research Unit (NaMTRU) at The University of Melbourne

Clinical Music Therapist - Royal Talbot Rehabilitation Centre, Austin Health, Melbourne, Australia

Dr Jeanette Tamplin PhD, M.Mus, B.Mus (Hons), RMT, holds an NHRMC-ARC Dementia Research Development Fellowship at the University of Melbourne and works as a music therapist at the Royal Talbot Rehabilitation Centre - Austin Health. Jeanette has worked as a music therapist in neurorehabilitation for 20 year and her research in this area focuses on the therapeutic effects of singing, speech and language rehabilitation, therapeutic songwriting, and coping and adjustment following traumatic injury or illness. She is lead researcher on 4 of her 5 current research projects, coordinates several different research teams, and thus far has generated AUD\$1.5 million in grant funding. Jeanette publishes regularly in international and interdisciplinary refereed journals, has contributed chapters to several edited books on music therapy and co-authored a book with Prof Felicity Baker: 'Music Therapy Methods in Neurorehabilitation: A Clinician's Manual' (Jessica Kingsley Publishers).

# BIOGRAPHIES

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## **Sarah B. Johnson**

Neurologic Music Therapist, Colorado State University, Colorado USA

Sarah Johnson received her MM degree in music therapy from Colorado State University (1989), and her BS degree in music therapy from the University of Minnesota (1984). In addition to guest lecturing at Colorado State, she served as the clinical supervisor for undergraduate and graduate music therapy students at CSU, and continues to teach in the online MM program. Sarah was also the co-coordinator of the community therapeutic outreach program of the Center for Biomedical Research in Music (CBRM) for over 12 years.

Sarah recently retired as the neurologic music therapist for the In-patient Rehabilitation and Out-patient Children's Therapy Services of University of Colorado Health (formerly Poudre Valley Health Systems), programs that she created over 25 years ago. Sarah has presented on Neurologic Music Therapy at the state, regional and national levels, and continues to teach and present on her clinical work internationally. The American Music Therapy Association has awarded Sarah the "Professional Practice Award," which recognizes "a significant contribution to the profession by utilizing special skills and/or knowledge in therapeutic practice, clinical supervision, education..."



## **Sarah O'Doherty**

Clinical Psychologist in Paediatric Neuropsychology, The National Rehabilitation Hospital, Ireland

Sarah O'Doherty, BA D.Clin DipPaedNeuro AFBPsS, has worked for over 14 years as a clinical paediatric neuropsychologist within a specialist interdisciplinary team at the National Rehabilitation Hospital Dublin. The service provides therapeutic support, neuropsychological assessment and cognitive rehabilitation services to children and young adults with acquired brain injury, spinal cord injury and limb absence from the entire island of Ireland. She has specific interests in mild traumatic brain injury, medically unexplained symptoms, the impact of injury on siblings and the combined effects of music therapy and neuropsychology.

## **Rebecca O'Connor**

Senior Music Therapist, The National Rehabilitation Hospital, Ireland

Rebecca O'Connor has 25 years music therapy experience in health and education, she was Lead music therapist at Chelsea and Westminster Hospital, London establishing and developing the music therapy service. Rebecca was a course tutor on the M.A. in music therapy training at University of Roehampton, London and is currently a senior lecturer on a number of therapy training courses in the UK and in Ireland. She established the music therapy service at the National Rehabilitation Hospital, Dublin in 2008 working with children and adults who have had an acquired brain or spinal cord injury. She has a specific interest in music therapy research and has a Masters in research methodologies. Rebecca is also the Chairperson of the Irish Association of Creative Arts Therapists (IACAT) and has published and presented at National and International conferences on her work.



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# BIOGRAPHIES

## Arts Therapies and Brain Injury:

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### Dr. Anna Bukowska, MT, PT, NMT-F

Dept of Occ. Therapy, The University of Physical Education in Krakow, Poland

Anna is a physiotherapist, music therapist and an assistant professor at University of Physical Education in Krakow, Poland, as well as a member of Polish Music Therapist Association. She graduated from the Medical College of Jagiellonian University in Krakow and the Academy of Music in Wroclaw. She defended her PhD thesis with honours at the University of Physical Education in Krakow. Her research concentrates on Neurologic Music Therapy applications which improve movement/motion, daily life activities and the quality of life in a group of patients with Parkinson's disease. Anna is a qualified Neurologic Music Therapist (NMT) and an NMT Advanced Fellow. Anna works with populations suffering from neurological conditions.

### Kate Lawrence

Art Therapist in Post Adoption support, East Midlands. Self Employed working in Schools and residential care homes for adults

An Art Therapist, with a MA in Art Psychotherapy from Derby University, UK, with further qualifications in Children's Trauma Treatment, Mentalization based Therapy (MBT) for personality disorder, fostering and adoption. Experience in group psychotherapeutic work with adults; with personality disorder, learning difficulties, anxiety, paranoia, and with children; with long term trauma, brain injury, neglect, developmental delay, FASD and attachment.

Specialist in post adoption therapy for children which incorporates individual, dyadic and group sessions including family, school and local authority liaison. I am currently running a long term group for women assisting their mental health and well-being, using art, mindfulness and spirituality



### Wendy L. Magee PhD

Professor, Music Therapy Program, Temple University, Philadelphia, PA, USA

Professor in the Music Therapy Program at Temple University, Philadelphia. She has practiced in neurological rehabilitation since 1988 as a music therapy clinician, researcher, manager and trainer (USA, UK and Australia) with adults and children, holding a Postdoctoral Fellowship at the Royal Hospital for Neuro-disability in London 2004 - 2011. Dr Magee is widely published, with publications spanning neuroscience, medicine, rehabilitation, psychology, music therapy, music psychology and health sociology. The topics of her research include evidence-based practice in neurorehabilitation including a Cochrane Review; music therapy measures for rehabilitation; music therapy and identity; and new and emerging music technologies in health and education with her published book Music Technology in Therapeutic and Health Settings. Awards include a Leverhulme Fellowship (2009) and the Arthur Flagler Fultz Research Award (2015).

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## Claire Dunsterville

Head of Therapy and Rehabilitation, Portland Hospital for Women and Children

Claire qualified as a physiotherapist in 1993 and since then has worked across a variety of NHS and independent healthcare settings, specialising over the last 20 years in adult and paediatric neuro-rehabilitation. Claire has been overseeing the Children's Therapy and Rehabilitation service at The Portland Hospital since 2011 and is committed to ensuring holistic and interdisciplinary care for all children and families that pass through the service.



## Anna Menen Sanchez, MA

Music therapist & NMT Fellow

Anna qualified as a music therapist in 2011. Her work has focused on neuro-rehabilitation of children and adult. She is a Neurologic Music Therapy with a psychology background. She specialized on neuro-psychological rehabilitation and cognitive stimulation with a Master's Degree. She qualified as a Neurologic Music Therapy and completed the training course for the use Music Therapy Assessment tool for Awareness of disorders of consciousness (MATADOC). In 2015, Anna joined Chroma working as a clinician in neuro-rehabilitation settings.



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## We are a leading firm of solicitors with dedicated teams specialising in adult and child brain injury.

With over 30 years experience in helping those who have suffered life-changing injuries, we understand the many challenges that arise when a person suffers a brain injury through an accident or medical negligence. We tailor our approach to our client's specific needs, providing expert step-by-step guidance and representation through the claims process as well as much needed practical and emotional support.

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# BOOKING FORM

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# Arts Therapies and Brain Injury

## HOW TO BOOK

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The cost is:

**Early Bird Rate:** £155 + VAT (31st January 2018)

**Standard Rate:** £195 + VAT

**Subsidised Places:** As part of ABI Solutions ongoing commitment to dissemination of knowledge and improved practice across the sector we are pleased to offer a limited number of subsidised places to Students, NHS or Social Care Staff as well as representatives from the charitable sector. Please contact Jason Shelley on 020 8763 2963 to discuss.

### Option 1

Please invoice my organisation for:

Delegate place(s): \_\_\_\_\_

PO Number (if applicable): \_\_\_\_\_

Please complete the writable booking form and email: [admin@abisolutions.org.uk](mailto:admin@abisolutions.org.uk)

Organisations will be invoiced upon receipt of this booking form with an email that will confirm the booking.

Payments can be made via BACs, cheque, or by following the 'PAY NOW' button on the confirmation email if you wish to pay online.

### Option 2

If you would like to book immediately over the telephone using a debit or credit card please telephone **020 8763 2963**. Please ensure you have the name, billing address and card details ready.

You will then receive a booking confirmation email and receipted invoice.

### Option 3

Payment enclosed of £: \_\_\_\_\_

Delegate place(s): \_\_\_\_\_

Please send your completed booking form and cheque payable to ABI Solutions

Please return to: ABI Solutions, PO Box 3090, Purley, Surrey, CR8 9BQ

Organisations will receive a receipted invoice attached to an email that will confirm the booking.

**Please contact us if you have not received your confirmation 5 days after submitting your booking.**

**For enquiries** regarding exhibitions, advertising and delegate pack inserts, please contact Jason Shelley on:

**Tel: 020 87632963**

**Email: [jason@abisolutions.org.uk](mailto:jason@abisolutions.org.uk)**

T&Cs: Returning the booking form, emailing or telephoning in your registration constitutes a firm booking and acceptance of these t's&c's. Delegate cancellations must be received in writing. Written delegate cancellations received six weeks prior to the conference/training will be accepted, however an administrative charge per delegate/booking will be applied. If written cancellations are not received six weeks prior to the conference/training, full payment will still be due irrespective of when the booking was made, the delegate(s)/exhibitor attended or the marketing material was submitted. Substitution of delegates can be made at anytime without cost by advising us in writing. We reserve the right to make changes to the speaker and programme without prior notice. If the training/conference is cancelled we will issue a full refund however we will not be responsible for any resulting costs you may incur for travel, accommodation, any other related goods or service or other compensation.

## BOOKING CONTACT

Name: \_\_\_\_\_

Job Title: \_\_\_\_\_

Organisation: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_ Postcode: \_\_\_\_\_

Tel/Mobile: \_\_\_\_\_

Email: \_\_\_\_\_

## INVOICING CONTACT (if different from above)

Name: \_\_\_\_\_

Department: \_\_\_\_\_

Organisation: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_ Postcode: \_\_\_\_\_

Tel/Mobile: \_\_\_\_\_

Email: \_\_\_\_\_

## DELEGATE DETAILS (can be supplied at a later date if required)

### DELEGATE 1

Name: \_\_\_\_\_

Job Title: \_\_\_\_\_

Tel/Mob: \_\_\_\_\_

Email: \_\_\_\_\_

Diet/Access Req: \_\_\_\_\_

### DELEGATE 2

Name: \_\_\_\_\_

Job Title: \_\_\_\_\_

Tel/Mob: \_\_\_\_\_

Email: \_\_\_\_\_

Diet/Access Req: \_\_\_\_\_

### DELEGATE 3

Name: \_\_\_\_\_

Job Title: \_\_\_\_\_

Tel/Mob: \_\_\_\_\_

Email: \_\_\_\_\_

Diet/Access Req: \_\_\_\_\_

**If you are booking more than 3 delegates please supply additional details separately.**

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