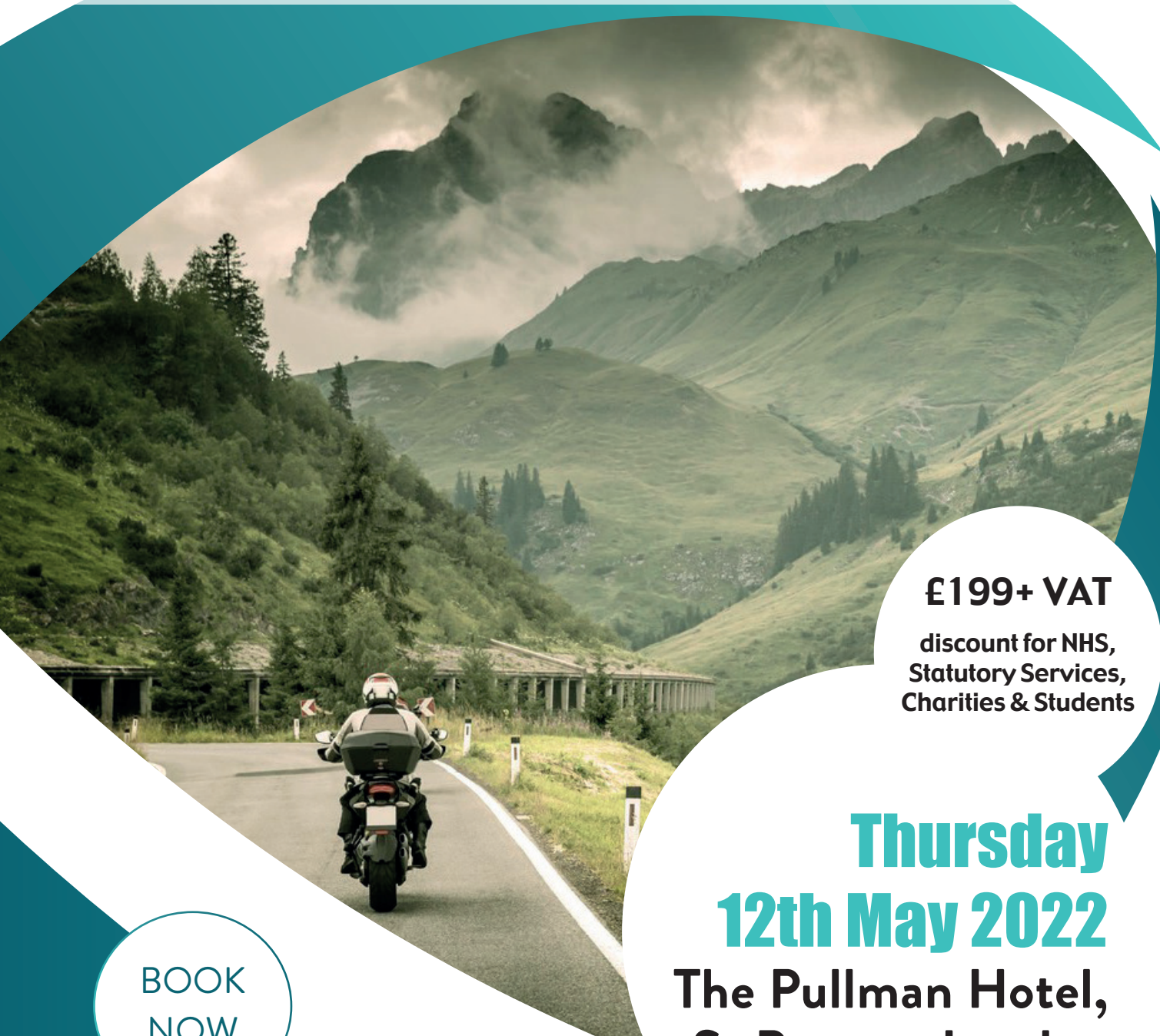


Whose Life Is It Anyway?

Supporting effective brain injury rehabilitation in the community



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12th May 2022
The Pullman Hotel,
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WHOSE LIFE IS IT ANYWAY?

Supporting effective brain injury rehabilitation in the community

It is widely recognised that rehabilitation can make a significant difference to all, from the individual concerned, to society as a whole. One cannot create one programme or pathway that fits all because everyone has different circumstances in the community, every brain and therefore every brain injury is different – and trauma affects everyone uniquely. We all have different values and lifestyles and brain injury rehabilitation has to be bespoke, meaningful and add value. Finding a way to gauge success using standard rehabilitation outcome measures can be tricky.

This conference will review the current state of brain injury rehabilitation, with particular focus on the unique factors impacting community-based rehabilitation. We will hear innovative perspectives from specialists across a variety of sectors and identify the unique components that make up effective rehabilitation for individuals with traumatic brain injury.

DRAFT PROGRAMME

08:45-09:10 Registration, tea/coffee, networking & exhibition stands

09:10-09:15 Welcome from the conference sponsor
Jo Throp, Clinical Director, Krysalis Consultancy Ltd

09:15-09:30 Opening remarks by Chair
Huw Ponting, Partner, Enable Law

09:30-10:30 **KEYNOTE SPEAKER: The neuroscience of subjective experience**
Consciousness is the ultimate miracle, - and enigma. However most people take this subjective inner state for granted without ever reflecting on what could possibly be happening in their brain each day of their waking lives. We will explore this deeply fascinating question from the perspective of neuroscience, using a wide range of examples from daily life such as waking up, walking the dog, dreaming and experiencing pain to see how the following considerations are key to every waking moment of the customer experience: intensity and synergy of the senses, extent of pre-existing associations, and arousal levels. Although we will not solve the problem of how the water of objective brain mechanisms transforms into the wine of subjective consciousness, we shall end up with a much clearer idea of the combination of factors that drive, shape, and control it.
Baroness Susan Greenfield, CBE, FRCP (Hon) Neuroscientist, Writer, Broadcaster and Founder & CEO of Neuro-Bio Ltd

10:30-11:00 Improving community rehabilitation services
This presentation covers state of the nation overview of rehabilitation services, and what is already currently planned to improve provision.
Andrew Bateman, Chairperson, UKABIF

11:00-11:30 Tea/coffee, networking & exhibition stands

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- 11:30-12:00** **Neuro Navigation across a County area**
 The presentation will be about the challenges of managing referrals to and discharges from in-patient neuro rehabilitation services in the context of a County Council area. It will look at the developments over the last two years in the context of the Covid 19 pandemic and the significant local and national changes in NHS structures. Development of local multi-agency working across statutory and private sector services with informal networks developed and hopes for the future.
 Wendy Irons, Neuro Rehab Lead (North Kent), Kent & Medway CCG
- 12:00-12:30** **Coming together to transform community Neurorehabilitation**
 Stakeholders in South East London are working together to commission equitable and improved neuro rehab services in the community. Following a report benchmarking services against NICE guidelines, patient representatives, service providers and commissioners came together to agree priorities for change. These included increased access to neuropsychology, intensive community neurorehabilitation modelled on GSTT's NETT team and community based Vocational rehabilitation. In this presentation we will touch on the impact and cost effectiveness of NETT, our vision for well-resourced community neurorehabilitation and advocate for lobbying for change at a regional and national level.
 Heather Campbell, Clinical Lead and Head of Neurorehabilitation Service, Guy's & St Thomas' NHS Foundation Trust
- 12:30-13:15** **Addressing the trauma in TBI**
 Highlighting how engagement in the rehabilitation process can be enhanced by recognising and addressing the stress response in both people with ABI and their families.
 Priyanka Pradhan, Consultant Clinical Neuropsychologist, The Breathing Brain Movement
- 13:15-14:15** **Lunch, networking & exhibition stands**
- 14:15-14:30** **De-Stress (Exercise)**
 Priyanka Pradhan, Consultant Clinical Neuropsychologist, The Breathing Brain Movement
- 14:30-15:15** **But won't he be socially isolated?**
 Presentation based on case study - highlighting obstacles overcome, including opposing views (concerns re social isolation, no further progress possible, too big/intensive/costly to manage, etc)
 Jo Pendlebury, Brain Injury Case Manager, Head First
- 15:15-15:45** **Tea/coffee, networking & exhibition stands**
- 15:45-16:30** **Why can't you just stop her doing x?**
 What do we mean by community rehabilitation? What are the expectations of what can be accomplished versus the reality? What are the unique challenges of community rehab which do not exist in inpatient settings?
 Fergus Gracey, Consultant Clinical Neuropsychologist, CCPNR
- 16:30-16:45** **Closing remarks by Chair**

“She comes, and I make my bed with her...I've got back to doing it by myself and that corresponds to independence. Without fail every morning it has become routine.

The whole point of rehab is getting back to normal, I want to be able to do everything. Anything is possible.”



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