**Motivational Interviewing in Brain Injury Rehabilitation**

**Advanced Workshop**

*with*

**Dr David Manchester**

*Consultant Neuropsychologist*

**18th May 2015**

*Riverbank House, London Bridge, London*

- Increase your knowledge of strategic interventions that can help to increase client motivation for change after frontal brain injury
- Adapt behaviour change plans so they are sensitive to common cognitive difficulties encountered in everyday practice

**PLACES ARE STRICTLY LIMITED**
Motivational interviewing is a person centred approach that can help to strengthen a client’s internal motivation for behaviour change. It is increasingly popular in brain injury rehabilitation.

Many health care and rehabilitation practitioners have attended an introductory workshop in motivational interviewing. Beginner’s workshops often devote significant time to developing empathic listening skills. They are a good way to start practicing motivational interviewing. However, further opportunities for advanced skills practice with feedback are especially useful for building confidence in this important therapeutic approach.

• This one day advanced course is designed for professionals working in brain injury rehabilitation who are already familiar with the basics of motivational interviewing.

• The day addresses common areas where people can become stuck using motivational interviewing. A particular focus is on how to work with individuals with frontal brain injury.

• Areas covered include working with impulsivity, anger and irritability, and also impaired self-awareness.

Who the course is for:

The course is suitable for all allied health practitioners, physicians, managers and case managers who work with individuals who have sustained a traumatic brain injury. This course will be of particular interest to advanced practitioners in the field of brain injury, where a level of proficiency in empathic listening skills and some knowledge of motivational interviewing is assumed.

This is a multi-media presentation with small group activities, DVD examples. There will be multiple opportunities for practice with supportive feedback. A training workbook is also provided.

Facilitator:

Dr David Manchester
Consultant Neuropsychologist
Director MLR consulting psychology
Sydney, Australia

David is a Consultant Neuropsychologist with over 20 years experience working in both hospital and community settings. He has extensive experience as a clinical team leader in neuropsychological rehabilitation co-ordinating therapy and support for individuals with acquired brain injury. For several years he also ran a private medico-legal practice in the UK conducting neuropsychological assessments for the Courts specialising in personal injury cases. From 2009-2013 he was Practice Leader in Psychology with a large state wide government disability service in Australia employing over 100 psychologists. David has provided training to 1000s of practitioners in motivational interviewing and also cognitive and behaviour therapies. He has published on positive psychological approaches in brain injury rehabilitation, motivational interviewing and also the neuropsychological assessment of executive functions. He is currently in private practice in Sydney where he provides psychological assessment, training and consulting services. David is a member of the international group the Motivational Interviewing Network of Trainers.
### One Day Programme

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<tr>
<th>Topic</th>
<th>Time</th>
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<tbody>
<tr>
<td>Registration</td>
<td>9.00 - 9.30</td>
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<tr>
<td><strong>Introduction</strong></td>
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<tr>
<td>A quick update on motivational interviewing and changes in the latest edition of the book Motivational Interviewing (Mi). Who exactly is Mi for in brain injury rehabilitation?</td>
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<td><strong>Module 1</strong></td>
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<td><strong>Module 2</strong></td>
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<td>Making sure feedback and information exchange in Mi is sensitive to a person’s changes in neuro-executive functions.</td>
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<td><strong>Module 3</strong></td>
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<td>The importance of change talk Part 1. Getting better at recognising commitment language and other change talk: How to elicit and strengthen both.</td>
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<td>The importance of change talk Part II. Recognising when someone is ready to change and it’s time to move on.</td>
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<td><strong>Module 4</strong></td>
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<td>Behaviour change planning: Blending Mi with effective principles of neuropsychological rehabilitation.</td>
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<td><strong>Module 5</strong></td>
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<td>How to assess a person’s ability in Mi including your own. An introduction to the motivational interviewing treatment integrity coding system (MITI).</td>
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<td><strong>Close</strong></td>
<td>5.00</td>
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Your delegate booking includes lunch, refreshment and course material.
BOOKING CONTACT

Name
Job title
Organisation
Address
Postcode
Tel
Mobile
Email

Delegate details  (These can be supplied at a later date if required)

Delegate 1
Job title
Tel/Mob
Email
Diet/Access req

Delegate 2
Job title
Tel/Mob
Email
Diet/Access req

Delegate 3
Job title
Tel/Mob
Email
Diet/Access req

Delegate 4
Job title
Tel/Mob
Email
Diet/Access req

T & C’s: Returning the booking form or emailing you registration constitutes a firm booking. Delegate cancellations must be received in writing. Written delegate cancellations received six weeks prior to the conference will be accepted, however an administrative charge of £30 per delegate will be applied. If written delegate cancellations are not received six weeks prior to the conference full payment will still be due irrespective of when the booking was made and whether the delegate(s) attend the conference. Substitution of delegates can be made at anytime without cost by advising us in writing. We reserve the right to make changes to the speaker and programme without prior notice.