



AVAILABLE UNTIL JUNE 24TH 2016 Please contact us for availability on subsidised places for students, NHS, Social Care Staff and Charities.

Cambridgeshire Community Services **NHS**

Innovations in Clinical Practice



5 POINTS

Pending APIL Accreditation



22nd September 2016

The Pullman International Hotel St Pancras, London

Sponsored by









09:00 - 09:40 Registration

09:40 - 09:45 Sponsors Welcome

09:45 - 10:00 Opening Address

Professor Barbara Wilson OBE Clinical Neuropsychologist & Founder of The Oliver Zangwill Centre

10:00 - 11:00

Time Pressure Management after brain injury: A means to overcome slow information processing in daily life

Slow information processing is a key deficit following brain damage and one of the main reasons for patients to avoid or incorrectly execute many complex everyday tasks. Treating this so-called mental slowness can be based on stimulation therapies (Brain Train Programs) that are aimed at improving mental pace, so that the effects of treatment will be to move patients toward premorbid levels of mental speed. Despite the improvement in speed of some highly specific attentional processes, on the whole, there is as yet only scant evidence of a more general effectiveness of these therapies on the daily functioning of brain-injured patients. Time Pressure Management (TPM) is less ambitious and its objective is to teach brain-injured patients to compensate for slow information processing. In essence, its objective is to stimulate these patients to prevent and manage time pressure in a wide array of daily life tasks. The positive effects of TPM have been investigated in patients with traumatic brain injury and stroke. The results of these studies will be presented and some ideas about how TPM might further contribute to a better achievement of daily life tasks will be proposed.

Professor Luciano Fasotti, Professor of Clinical Neuropsychology, Radboud University Nijmegen

11:00 - 11:30 Tea/Coffee, Networking & Exhibition Stands

11:30 - 11:55

Perspectives Training: An innovative approach to anger management for people with brain injury

People with acquired brain injury often show increased irritability and aggression. This behaviour may be linked to the tendency to attribute hostile intent in judging the motives of others. We developed a protocol involving the application of cognitive strategies to both videotaped and role played hypothetical and real-life situations, as well as using perceptual positioning to teach participants to consider the perspectives of others when determining their intentions. We ran a six-week Perspectives Group with two adult male clients who were many years post-injury and experienced severe interpersonal dysfunction as a result of their hostility bias and difficulty managing strong emotions. Both showed clinically meaningful reduction in anger. This talk will discuss the creation, implementation, and evaluation of a novel approach to anger management with enough detail to enable participants to take away practical ideas for their own practices.

Jill Winegardner, PhD, Lead Clinical Psychologist, OZC for Neuropsychological Rehabilitation

11.55 - 12.20

Thinking about Feelings: Interventions for Emotion Regulation after Brain Injury

People with brain injury often report changes in their experience of emotions. Our clients' descriptions often include increases or decreases in the intensity or time course of emotions, and, very frequently, a perception of emotions as being 'out of control' relative to how they were before the injury. These difficulties can adversely impact clients' self-perception, and they have consequences for the adjustment process. This talk will review the literature on interventions for emotion regulation after brain injury and use case examples of psychotherapy and biofeedback training to illustrate the Oliver Zangwill Centre approach to this topic.

Jessica Fish, Clinical Psychologist, OZC for Neuropsychological Rehabilitation

12:20 - 13:10

"It's like a wave that sweeps over you out of nowhere": Managing persistent fatigue after acquired brain injury

Supporting people to manage persistent fatigue after brain injury is challenging due to the multifactorial nature of fatigue, the subjective experience and limited evidence on management. This presentation will share current evidence, implications for assessment and management, a clinically useful model and suggestions for intervention. A case study will illustrate the process. Donna Malley, Occupational Therapy Clinical Specialist, OZC for Neuropsychological Rehabilitation

13:10 - 14:15 Lunch, Networking & Exhibition Stands

14:15 - 15:15

Social cognition: Why mind-reading matters in neurorehabilitation

Mind reading is ubiquitous in everyday human interactions. We automatically infer others' thoughts and feelings from their voices, facial expressions, and body movements, and we use these inferences to predict what others will do. Brain injury can impair this essential social function, with major consequences in all life domains. In this talk, we will discuss evidence of impaired mind reading in individuals with acquired brain injury, potential effects of these impairments on rehabilitation and outcomes, and management strategies to support everyday social interactions.

Professor Lyn S. Turkstra, Ph.D., Professor, University of Wisconsin-Madison

15:15 - 15:35 Tea/Coffee, Networking & Exhibition Stands

15:35 - 16:25

Enhancing rehabilitation through the wider system

This session will focus on ways of working with the wider system – families and support workers. The impact of brain injury on the family has been well documented and it is widely accepted that the family is a vital ingredient in the rehabilitation process. Family intervention is not necessarily routinely integrated into neurorehabilitation, as the person with brain injury's clinical needs are prioritised. We will share some ideas of ways in which clinical teams can support families in rehabilitation, including specific ideas for working with children. The use of support workers is also widely documented and from a systemic perspective, they are part of the individual's system. Through discussion of cases, we will demonstrate different ways in which therapists can support and train support workers to facilitate rehabilitation goals.

Leyla Prince, Specialist Speech & Language Therapist, OZC for Neuropsychological Rehabilitation

Susan Brentnall, Head Occupational Therapist, OZC for Neuropsychological Rehabilitation

16:25 - 16:30 Close











Professor Barbara Wilson OBE

Clinical Neuropsychologist & Founder of The Oliver Zangwill Centre

Professor Barbara A Wilson is a clinical neuropsychologist who has worked in brain injury rehabilitation for 40 years. She has won many awards for her work including an OBE for services to rehabilitation in 1998 and three lifetime achievement awards. In 2011 she received the Ramon Y Cahal

Award from the International Neuropsychiatric Association. In December 2014 she received the M.B.Shapiro Award from The British Psychological Society. She is past President of the British Neuropsychological Society and The International Neuropsychological Society. She has published 23 books, 280 journal articles and chapters and 8 neuropsychological tests. She is editor of the journal "Neuropsychological Rehabilitation". In 1996 she founded the Oliver Zangwill Centre for Neuropsychological Rehabilitation. A rehabilitation centre in Quito, Ecuador is named after her. She is currently President of the Encephalitis Society and on the management committee of The World Federation of Neuro Rehabilitation. The Division of Neuropsychology has named a prize after her. She is a Fellow of The British Psychological Society, The Academy of Medical Sciences and The Academy of Social Sciences. She is Honorary Professor at the University of Hong Kong, the University of Sydney and the University of East Anglia.



Professor Luciano Fasotti Professor of Clinical Neuropsychology Radboud University Nijmegen

Professor Luciano Fasotti is a clinical neuropsychologist. He graduated from the Psychology Department of the Università degli Studi di Padova (Italy) in 1981. He worked at the Institute for Rehabilitation Research (Hoensbroek,

the Netherlands) and in the Rehabilitation Centre of Hoensbroek (the Netherlands) from 1981-1995. In 1992 he took his PhD degree at the University of Maastricht (the Netherlands) with a thesis on arithmetical problem solving after frontal lobe damage. In 1995 he started work at the research institute of the Sint Maartenskliniek in Nijmegen (the Netherlands), while still working as a clinician at the rehabilitation department of the same clinic. There he founded the Day Hospital for Brain Injury, where he worked as a clinical director until 2012. In 1994 he was appointed Professor at the Chair of Clinical Neuropsychology of the Radboud University Nijmegen (the Netherlands). At this University he is a member of the Donders Institute for Brain, Cognition and Behaviour. Since 2008 he is also visiting professor at the University of Angers (France). In August 2012 he has taken up a new function as Clinical Neuropsychologist in the Medical Rehabilitation Centre Groot Klimmendaal in Arnhem (the Netherlands). His research interests include the rehabilitation of attentional problems, visual neglect, executive impairments, and fatigue in brain-injured patients.



Jill Winegardner, PhD
Lead Clinical Psychologist
The Oliver Zangwill Centre for Neuropsychological Rehabilitation

Jill Winegardner PhD is a clinical neuropsychologist with 30 years' experience in brain injury assessment and rehabilitation. She has worked in a range of settings including acute inpatient, acute and post-

acute rehabilitation, residential rehabilitation and outpatient care. She is currently Lead Clinical Psychologist at the Oliver Zangwill Centre for Neuropsychological Rehabilitation. Her clinical and research interests include neuropsychological assessment and rehabilitation, and programme design and evaluation. She recently co-authored the book Life After Brain Injury: Survivors' Stories with Barbara Wilson and Fi Ashworth.



Dr Jessica FishClinical Psychologist
The Oliver Zangwill Centre for Neuropsychological Rehabilitation

Dr Jessica Fish is a clinical psychologist at the Oliver Zangwill Centre, where she has worked since April 2014. Prior to joining the Centre, Jess completed a PhD and postdoctoral research fellowship on cognitive rehabilitation at

the MRC Cognition & Brain Sciences Unit in Cambridge, along with clinical psychology training at the Institute of Psychiatry, King's College London. She is involved in both clinical and research activity at the OZC, and holds an honorary lectureship at King's College London.



Donna Malley Occupational Therapy Clinical Specialist The Oliver Zangwill Centre for Neuropsychological Rehabilitation

Donna qualified as an occupational therapist in 1987 and has worked with people with brain injury for over 20 years. She joined the team at the Oliver Zangwill Centre in 1998 offering neuropsychological intervention,

became an Occupational Therapy Clinical Specialist and subsequently gained an MSt in Primary & Community Care. Donna has clinical and research interests in the role of OT in supporting people with ABI, outcomes of rehabilitation and fatigue management following acquired brain injury. She has jointly produced a booklet on Managing Fatigue after Brain Injury for Headway that won the BMA Patient Information Award in 2009. She is Chair of the College of Occupational Therapists Specialist Section in Neurological Practice Brain Injury Forum committee, and coedited a guidance document for OT's working with adults with acquired brain injury, which were published in 2013.



Dr. Turkstra is a Professor in the Department of Communication Sciences and Disorders at the University of Wisconsin-Madison, faculty member in the Neuroscience Training Program and the Department of Surgery - Division of Trauma Surgery, and boardcertified in neurologic communication disorders by the Academy of Neurological Communication Disorders and Sciences (ANCDS). Dr. Turkstra is a speech-language pathologist by training. She studies the relation of cognition to communication, with a focus on social communication in adolescents and young adults with traumatic brain injury. Dr. Turkstra is an author on over 75 peer-reviewed publications, including evidence-based practice guidelines for intervention in acquired brain injury, and is co-author of the text, Optimizing Cognitive Rehabilitation: Effective Instructional Methods.



Leyla Prince Specialist Speech & Language Therapist The Oliver Zangwill Centre for Neuropsychological Rehabilitation

Leyla trained as a speech and language therapist & audiologist at the University of Cape Town, qualifying in 1995. She moved to the UK in 2002 and completed her MSc in 2004.

Leyla's interests have varied over the years and she has gained experience in working with children and adults in both acute and community settings. Since 2003 she has worked at the Oliver Zangwill Centre for Neuropsychological Rehabilitation as a Specialist Speech and Language Therapist. Her interest in working with families of people with brain injury led to completing a post graduate certificate in systemic family therapy. Leyla's clinical and research interests include cognitive and social communication difficulties as well as working with families after brain injury.



Susan Brentnall **Head Occupational Therapist** The Oliver Zangwill Centre for Neuropsychological Rehabilitation

Susan qualified as an occupational therapist in 1987. She has worked in neurological rehabilitation since 1989, but specifically with people with acquired brain injury since 1990. Susan is a founder member of the OZC

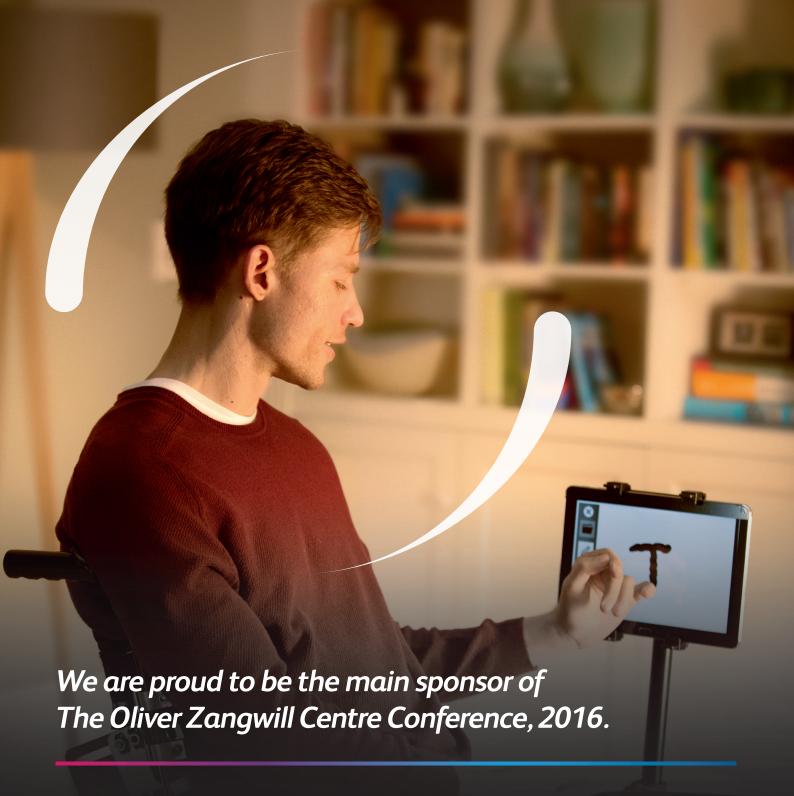
team and was involved in the development of the holistic neuropsychological rehabilitation programme. She is the Clinical Lead for the NeuroPage service based at OZC. Susan's clinical interests are in vocational rehabilitation and assistive technology within rehabilitation. She is a founder member and continues to be on the steering group of the East Anglian Vocational Rehab Forum. She is also member of the COT Work Special Interest Group and the Vocational Rehabilitation Association. Over the last year she has worked with team members to provide support worker training and is keen to share her experiences with you.











Understanding support is more than just compensation. We look forward to seeing you at the Irwin Mitchell stand to discuss how we support our clients to help get them the best possible medical care and rehabilitation. Because compensation is only part of the story. **Irwin Mitchell, standing by you.**

- 08000 23 22 33
- **●** @IMHeadInjury

















Assessment, Rehabilitation, Research, Education, Bespoke Intervention



e provide high quality, evidence-based, neuropsychological assessment and rehabilitation to adults across the UK with an acquired brain injury.

- ★ Assessment and rehabilitation at the Oliver Zangwill Centre are collaborative processes that place the client and family at the heart of the team.
- ★ We support clients to understand how their brain injury has disrupted their life course, their sense of identity and their participation in personally meaningful activities. With this understanding, clients begin to achieve new life goals and feel comfortable 'in their own skin'.
- ★ The clinical team consists of highly experienced clinical psychologists, speech and language therapists, occupational therapists and therapy assistants, who are proud to be part of this NHS service.



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"Coming to OZC was like having a winning lottery ticket. Not many get that chance, take it with both hands."

"I felt there was light at the end of the tunnel."

"The staff were caring and supportive and focused on maximizing every client's potential regardless of their disabilities or problems."

Innovations

Clinical Practice

22nd September 2016 The Pullman International Hotel, St Pancras, London





HOW TO BOOK

The cost is:

Early Bird Rate £199 + VAT (24th June 2016) Standard rate £249 + VAT

As part of ABI Solutions ongoing commitment to dissemination of knowledge and improved practice across the sector we are pleased to offer a limited number of subsidised places to students, NHS or Social Care Staff as well as representatives from the charitable sector. Please contact Jason Shelley on 020 8763 2963 to discuss.

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All bookings will be confirmed by email. Please contact us if you have not received your confirmation 5 days after submitting your booking.

Conference fee includes entrance to the conference, lunch, refreshments, full conference documentation, certification of accreditation and access to the post conference website.

For enquiries regarding advertising or sponsorship opportunities, please contact Jason Shelley:

Tel: 020 8763 2963

Email: jason@abisolutions.org.uk

T & C's: Returning the booking form or emailing your registration constitutes a firm booking. Cancellations must be received in writing. Written cancellations received six weeks prior to the conference will be accepted and a refund, less a processing charge of £30 will be made. If written cancellations are not received six weeks prior to the conference full payment will still be due irrespective of when the booking was made and whether the delegate attends the conference. Substitution of delegates can be made at anytime without cost by advising us in writing. We reserve the right to make changes to the speaker and programme without prior notice.

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5 POINTS

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