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Brain injury rehabilitation
as a different experience

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There are 7 sessions included in this online resource package. Each presentation has the slides included in the video however you may also access the slides separately.

Session 1 (48 minutes)

Neuropsychological rehabilitation: what is it and what is its purpose?

Changing mis-conceptions held by academic neuropsychologists as to the meaning and purpose of rehabilitation when applied to research and clinical studies. The idea of a 'final endpoint to 'recovery' will be challenged and ways of considering neuropsychological rehabilitation as it applies to both clients and research studies will be examined.

Professor Barbara A Wilson, OBE, Ph.D, D.SC, CPsychol, FBPSS, FMedSC, AcSS, The Oliver Zangwill Centre and The Raphael Hospital

Session 2 (27 minutes)

My Beautiful Broken Brain – A discussion about living with my brain rehabilitation

Using the format of 'In conversation with...' Lotje Sodderland, who made the Emmy nominated film "My Beautiful Broken Brain" discusses with Dr Howard Fine, her profoundly personal voyage into the complexity, fragility and wonder of the human brain, after miraculously surviving a haemorrhagic stroke in her 30's and finds herself starting again in an alien world.

Lotje Sodderland, Film Maker, A Love Factory & Howard Fine, Consultant Clinical Psychologist & Clinical Director, Recolo UK Ltd

Session 3 (41 minutes)

"A goal without a plan is just a wish" (Antoine de Saint-Exupery)

Why is deciding where you are going and how to get there so controversial?"

"Goal setting can't simply be a set and forget process if it is going to be successful"

These are just some comments we have heard about goals and rehab with kids and families. Sit back and we'll tell some stories about our exploits in setting goals. We might end up with some more questions, but we will also find some answers!

Dr Peter Tucker, Consultant Clinical Psychologist, Research Lead, Recolo UK Ltd

Session 4 (40 minutes)

Network dysfunction in paediatric TBI: update on the first UK-based study

Long-term cognitive difficulties are often reported after traumatic brain injury (TBI) in children and adolescents, however little is known about structural brain changes following TBI in this age group and how these changes relate to ongoing neuropsychological difficulties. Professor Sharp's research explores the role of white matter in helping to understand the impact of TBI and what this means for neuropsychological outcomes in young people.

Professor David J Sharp, The Centre for Restorative Neuroscience Division of Brain Sciences, Imperial College London

Brain injury rehabilitation as a different experience

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Session 5 (37 minutes)

Challenging perceptions

At Recolo, we want to challenge the misconceptions that are held by some about clinical rehabilitation – in terms of research, outcomes, and the idea of a 'final end point' with respect to recovery after brain injury and the process of rehabilitation. One of the aims of the conference is to offer other ways of seeing rehabilitation and the different life it can afford. This is to challenge the view that rehabilitation is to 'cure, make better', as a brain injury can never be 'cured', and to show how the adjustment can be positive; that there is a different way to see things. Jamie will be helping us to do this by presenting an exclusively designed act that will challenge people's perceptions of what they are seeing.

Jamie Raven, Magician, Magic Circle Member

Session 6 (28 minutes)

Trauma within a story telling frame

The effects of TBI and PTSD reach beyond the injured individual. Dr Robin Bennett will present on the interaction of these two conditions for the individual and for the system. Adapting, accepting, and growing as a family/system is an ongoing process. Factors that can support this growth, and hurdles that can be found along the way, will be explored.

Dr Robin Bennett, Chartered Clinical Psychologist, Recolo UK Ltd

Session 7 (30 minutes)

Creative approaches to rehabilitation

Dr Sophie Gosling will present a range of creative approaches used in her clinical work to bring innovation and creativity to the process. Engaging with a child's interest in the creative arts, such as magic, music, storytelling and sport can make the rehabilitation process more fun, motivating and bring added benefits to the child and their family. This approach, which incorporates scientific knowledge and experience of brain injury, can enhance a child's quality of life in many different ways.

She has also worked alongside the BreatheMagic camps evaluation team to examine psychosocial effects of these camps on young people attending and will present some preliminary findings from this research.

Dr Sophie Gosling, Clinical Lead & Consultant Clinical Psychologist, Recolo UK Ltd

This conference took place on 7th February 2019

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Professor Barbara A Wilson OBE

Ph.D, D.SC, CPsychol, FBPsS, FMedSC, AcSS, Clinical Neuropsychologist & Founder, The Oliver Zangwill Centre, Clinical Neuropsychologist, The Raphael Hospital

Professor Barbara A Wilson is a clinical neuropsychologist who has worked in brain injury rehabilitation for 40 years. She has won many awards for her work including an OBE for services to rehabilitation in 1998 and three lifetime achievement awards. In 2011 she received the Ramon Y Cahal Award from the International Neuropsychiatric Association. In December 2014 she received the M.B Shapiro Award from The British Psychological Society. She is past President of the British Neuropsychological Society and The International Neuropsychological Society. She has published 23 books, 280 journal articles and chapters and 8 neuropsychological tests. She is editor of the journal "Neuropsychological Rehabilitation". In 1996 she founded the Oliver Zangwill Centre for Neuropsychological Rehabilitation. A rehabilitation centre in Quito, Ecuador is named after her. She is currently President of the Encephalitis Society and on the management committee of The World Federation of Neuro Rehabilitation. The Division of Neuropsychology has named a prize after her. She is a Fellow of The British Psychological Society, The Academy of Medical Sciences and The Academy of Social Sciences. She is Honorary Professor at the University of Hong Kong, the University of Sydney and the University of East Anglia.



Professor Sarah-Jayne Blakemore

Professor of Cognitive Neuroscience & Deputy Director, UCL Institute of Cognitive Neuroscience

Sarah-Jayne Blakemore is Professor in Cognitive Neuroscience at UCL. She is Leader of the Developmental Cognitive Neuroscience Group and Deputy Director of the UCL Institute of Cognitive Neuroscience. Her group's research focuses on brain development in human adolescence.

Professor Blakemore studied Experimental Psychology at Oxford University and then did her PhD at UCL and a postdoc in Lyon, France. Between 2003 and 2016 she held a series of Royal Society Research Fellowships at UCL. She has published over 125 papers in scientific journals and won several awards for her research, including the British Psychological Society Spearman Medal 2011, the Royal Society Rosalind Franklin Award 2013 and the Klaus J Jacobs Prize 2015.

Professor Blakemore is actively involved in public engagement with science activities and has an interest in the links between neuroscience and education. She was a member of the Royal Society BrainWaves working group for neuroscience, education and lifelong learning and the Royal Society Vision Committee for Science and Mathematics Education, and is a member of the Royal Society Public Engagement Committee. She worked with the Company Three on their play, Brainstorm, written and performed by teenagers, which had two runs at the National Theatre in London.

Her book "Inventing Ourselves: the secret life of the adolescent brain" was published in March 2018.

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Lotje Sodderland

Filmmaker, A Love Factory

Lotje Sodderland is a writer and filmmaker, who worked at the Institute of Public Policy Research (IPPR) before going on to work as a documentary producer-director at cross-media production company Submarine Channel in Amsterdam and ad agency Mother in London. Lotje co-directed the multiple award-winning 'My Beautiful Broken Brain' (executive produced by David Lynch), which is her own journey into language and perception, following her miraculous survival and recovery from an inter cerebral haemorrhage. Lotje has been nominated for an Emmy Award as well as receiving awards from Wellcome Trust, IDFA Amsterdam and Ahvaz International Science Film Festival. She has been commissioned by Channel 4, Netflix, and The Guardian.



Dr Peter Tucker

Consultant Clinical Psychologist, Research Lead, Recolo UK Ltd

Dr Peter Tucker is Research & Development Lead within Recolo. He is a member of the Senior Clinical Team and a Clinical Supervisor.

Peter qualified as a Clinical Psychologist at the University of Birmingham in 2001, then obtained a Diploma in Applied Clinical Neuropsychology from Kings College London in 2004. Peter previously worked as neuropsychology lead for Young People's Neurorehab at the Royal National Hospital for Rheumatic Diseases in Bath covering assessment, formulation and rehabilitative intervention for children, young people and their families after acquired brain injury or other complex neurological conditions.

Peter has Honorary Lectureships with the University of Bath and University of Bristol providing research supervision and teaching. He is conducting research into improving outcome measurement in neuropsychological rehabilitation.

He has published papers on goal setting, neurorehabilitation of children and young people and cognitive problems in children with Chronic Fatigue Syndrome/ME.

Peter has worked in clinical settings ranging from Social Services, Child & Adolescent Mental Health Services and Young People's Health Services, often helping children and young people and their families adapt to changes in their lives, abilities and identity due to injury, illness or other life events. He uses a range of approaches from behavioural, cognitive and collaborative routine development with the young person and their family and / or health team.

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Professor David J Sharp

NIHR Professor & Consultant Neurologist, The Centre for Restorative Neuroscience Division of Brain Sciences, Imperial College London

Professor David Sharp is a consultant neurologist and National Institute of Health Research (NIHR) Professor. He is Deputy Head (Clinical) of the Centre for Restorative Neuroscience at Imperial and Scientific Director of the Imperial College Clinical Imaging Facility. His research programme aims to improve clinical outcome after traumatic brain injury (TBI) and dementia, focusing on common cognitive impairments in domains such as memory and attention. He uses cognitive neuroscience and advanced neuroimaging to investigate the effect of brain injury on brain network function and the effects of inflammation and neurodegeneration after TBI. His NIHR research programme has explored new treatments of cognitive impairment can be personalised. He also leads TBI research within the Royal British Legion Centre for Blast Injury Studies and collaborates with The Royal Centre for Defence Medicine to study the effects of blast exposure military personnel.



Jamie Raven

Magician, Magic Circle Member

Jamie Raven burst onto an unsuspecting world during the 2015 series of Britain's Got Talent. His magic amazed audiences and even made Simon Cowell exclaim, "I now finally believe in magic!" on route to finishing, in his own words as "Top Human"

His online videos from Britain's Got Talent and other subsequent television performances have now been seen over 500 million times, making him one of the most watched magicians in the world today.

In November and December 2015, Jamie headlined "The Illusionists" at The Shaftesbury Theatre, which went on to break the box office record and in doing so became the most successful Magic show ever in the history of London's West End. He returned to the cast for the first time in 3 years in April and May 2018 where the show sold out every show in a 3 week run in Abu Dhabi and Dubai.

In June, July November 2016 and February 2017, he took his own one man show on a tour across 5 countries, playing 120 shows across 105 different venues. And he did it all over again in theatres across the country in September and October 2018 with his brand new show "Making Magic".

He has also launched a range of Four Jamie Raven Magic Sets, which are available in all good retailers including Sainsbury's and Harrods, and online. Following their phenomenal success, a fifth set was released in July 2018.

For more information, please search Twitter, Facebook, Instagram, YouTube and Vimeo for "JamieRavenMagic".

Quotes:

"I now actually believe in Magic!!!" - **Simon Cowell**

"Throw him off the fu\$%ing Plane" - **Sir Richard Branson**

"Mr Raven, I am in awe of your greatness!!" - **Ian Wright**

"His Magic is Liquid Gold" - **Time Out**

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Dr Robin Bennett

Chartered Clinical Psychologist, Recolo UK Ltd

Dr Robin Bennett is a Chartered Clinical Psychologist and HCPC registered Practitioner Psychologist. He joined Recolo in 2011.

Dr Bennett has worked in several Child & Adolescent Mental Health Services, including East London, South London & Maudsley, and Great Ormond Street Hospital. He has also worked in two London-based adult Complex PTSD Services. He has presented aspects of child mental health internationally, including on the assessment and treatment of childhood PTSD. He has also been interviewed on national and international radio and television news programmes about how children can be affected by traumatic incidents.



Dr Sophie Gosling

Clinical Lead & Consultant Clinical Psychologist, Recolo UK Ltd

Dr Sophie Gosling is a Consultant Clinical Psychologist and HCPC Registered Practitioner Psychologist. She joined Recolo in 2011, and from 2015, is the Clinical Lead for the organisation.

Dr Gosling qualified as a Clinical Psychologist in 1993. She brings a breadth and depth of clinical expertise in work effectively with children and their families. She has worked in the NHS, University and Independent sectors in the UK and has also worked in Australia and Belgium.

Her areas of special interest and expertise are in the field of paediatric brain injury rehabilitation. She seeks to engage and work with families collaboratively, bringing expertise from her extensive clinical experience as well as being able to formulate and intervene at a number of levels: child, family and system. She uses a goals systems approach to her work with families which ensures that clinical work is focussed, measurable and meaningful.

She has co-authored over 20 papers and articles, won a 'Best paper' award in Australia and has presented at numerous conferences.

Her most recent publications include:

Recent advances in the neuroimaging and neuropsychology of cerebral palsy (Applied Neuropsychology: Child, 2017, 6, 1, 55-63)

A co-authored article in 'Context' discussing systemic approaches to working with paediatric brain injury (2012, with Dr Byard)

'Measuring Outcomes for children with brain injury' in Neuropsychological Rehabilitation in Paediatric Brain Injury: A practical approach' edited by Reed, Byard and Fine (2015).

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grades

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HAVE DOUBLED

reduced
anxiety



Supporting a child or young person with brain injury is just part of the story.

Our provision of community neuropsychological rehabilitation to parents, siblings, schools and the wider support network, helps provide good outcomes for all.

Compassionate legal advice to
help those affected by brain injury
to get their lives back.

Contact our Brain Injury specialists on
0800 662 266 or email
pi.enquiries@roydswithyking.com
roydswithyking.com

