

ONLINE TRAINING



Understanding & Addressing Trauma in Traumatic Brain Injury

For neuro-rehab and legal professionals working with individuals and families that are living with the effects of a traumatic brain injury or a neurological disorder

This online training resource includes a video of the presentation and PDF copy of the slides.

The benefits of this course being online are:

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Understanding & Addressing Trauma in Traumatic Brain Injury

Dr Priyanka Pradhan, Consultant Clinical Neuropsychologist

Are you a neuro-rehab professional or legal professional working with individuals and families that are living with the effects of a traumatic brain injury or a neurological disorder?

If so, have you ever come up against?

- Limited progression towards therapy goals?
- Variable engagement from your clients?
- High levels of emotional distress in both your clients and yourself?
- Ruptures in the therapeutic relationship?
- Complex family dynamics in the systems you are working with?

If you answered yes to any of the above, this webinar aims to help you and your teams delve deeper into understanding what may be underlying the challenges that arise when working with clients that have experienced physical and psychological trauma. Also, to explore the complexity that results when this 'new' trauma interacts with pre-existing trauma on a physical, psychological and behavioural level.

This webinar will bring highlights from the ever-expanding neuroscientific research and knowledge base regarding how the autonomic nervous system functions and so is affected by a number biological, environmental and social factors. We then look at the pivotal role it plays in how people function and interact with others on a day to day basis.

Finally, we will be exploring evidence base interventions and treatments that help to alleviate issues that arise from nervous system dysfunction, as a result of physical and psychological trauma. A number of case examples will be discussed.

There will be opportunity at the end of the webinar to ask questions to Dr Pradhan

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Expected learning outcomes:

- How TBI impacts on physical, cognitive, psychological, behavioural and social functioning.
- Basic understanding of the Autonomic Nervous System (ANS) in relation to physical, emotional and social health.
- The differentiation between cortical and subcortical brain regions and their functions and how they relate to cognitive and emotional responses and processing.
- Understanding how pre-existing psychological trauma can make the nervous system vulnerable to the impact of a TBI.
- Introduction to Polyvagal theory in relation to TBI.
- Knowledge of therapeutic mind-body therapies and tools that regulate the nervous system.
- Ability to reflect on current practice (be that clinical or legal) – is it trauma informed?
- Increased skills in implementing a trauma informed service.

***Dr Priyanka Pradhan, Consultant Clinical Neuropsychologist and Yoga Teacher,
Neurolistics Ltd & St George's University Hospital NHS Foundation Trust***



Dr Priyanka Pradhan is a Consultant Clinical Neuropsychologist that works both in the NHS and private sector. She has over 20 years experience of working with individuals and their families living with complex neurological conditions, using her knowledge and skills as a neuropsychologist as well as a yoga teacher and therapist. She is the founder of Neurolistics Ltd, the ethos of which is to gain a holistic understanding of a client and the system they exist in order to provide truly bespoke interventions that are informed by cutting edge neuroscientific research. This approach assists clients to find their pathways to optimal wellbeing in the modern world.

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