

Presented by

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HOW NEUROPSYCHOLOGICAL REHABILITATION IS RESPONDING TO REMOTE WORKING

This free webinar training took place on 8th July 2020.

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HOW NEUROPSYCHOLOGICAL REHABILITATION IS RESPONDING TO REMOTE WORKING

Neuropsychological rehabilitation as delivered in the community, is about engaging with and supporting clients and families in their home environment. In this period of lockdown and extended social distancing, our remote working practices have accelerated to now be 100% of our current working caseload. Our work primarily aims to bring regulation and understanding to a family impacted by a brain injury. We will be sharing our experience about how remote working can benefit or stall progress, how it differs to working in the 'normal' way and what the potential gains are for clients. The presentations will draw from qualitative and quantitative material, research and rehabilitation practice.

JOIN US FOR THIS ESSENTIAL TRAINING WHERE THE TEAM WILL PRESENT AND DISCUSS:

- What works well when delivering neuropsychological rehabilitation remotely?
- What are the challenges faced when delivering neuropsychological rehabilitation remotely?
- Can specific gains for the client be identified by working remotely that might be achieved by working in the 'normal' way?
- Learning from experience – being open to share our stories of what has worked well, hurdles, negotiations and limitations, as well as negotiating the various stages of reluctance/fear to engage with technology by all the system
- Does remote working work for everyone?
- What are the types of adjustments that can be made so that remote provision of neuropsychological rehabilitation is as valid and of equal value to that provided face to face?

BIOGRAPHIES



Dr. Howard Fine

Consultant Clinical Psychologist & Neuropsychologist
Recolo UK Limited

Dr. Howard Fine BSc (Hons) MSc PsychD C.Psychol AFBPsS, is a Consultant Clinical Psychologist and Paediatric Neuropsychologist, and co-founder and Director of Recolo UK Ltd, specialising in providing high quality and effective community neuropsychological rehabilitation to children, young people and their families. As well as holding a clinical caseload, as a Director of the practice,

Dr. Fine holds senior clinical, supervisory, and management roles. He is also committed to delivering regular input and dissemination of skills at national conferences, through publications, and teaching, including providing specialist Paediatric Neuropsychology and Developmental teaching to Doctoral Clinical Psychology courses at the University of East London, Royal Holloway University of London, Salomons Centre for Applied Psychology (Canterbury Christ Church University), and the University of Surrey. Dr. Fine also contributes to the UCL MSc Clinical and Applied Paediatric Neuropsychology Training Programme (accredited by the British Psychological Society) at the Institute of Child Health. Dr. Fine has also co-authored an essential reader on childhood brain injury intervention - Neuropsychological Rehabilitation of Childhood Brain Injury: A Practical Guide.

In addition to his expertise in Traumatic Brain Injury, Dr. Fine has a specialist interest in Post-Traumatic Stress Disorder, offering specialist educative support and consultation to mental health services and corporate business following mass trauma events, including terror attacks and emerging through the COVID-19 landscape. Dr. Fine is a member of the Foreign & Commonwealth Office / British Red Cross Emergency Psychosocial Support Team, responding to international disasters. Dr. Fine has also contributed to the Clinical Advisory Group for the UK National Trauma Networks, advising on policy and service provision for frontline trauma services.



Dr. Katie Byard

Consultant Clinical Psychologist & Clinical Director, Recolo UK Ltd

Dr Katie Byard is a Consultant Clinical Psychologist / Neuropsychologist and co-founder of Recolo UK Ltd. She has highly specialised experience delivering neuropsychological rehabilitation following childhood brain injury and within Recolo holds senior management and supervision responsibilities. Katie has worked in a range of clinical settings including paediatric psychology and child neuropsychology services, child mental health services and adult neuropsychological rehabilitation in-patient services. Prior to clinical training, Katie was a Research Psychologist

at Imperial College, London investigating the neuronal correlates of learning in Parkinson's Disease, an interest that continued into her clinical doctoral research.

Katie's vision is for child neuropsychological rehabilitation to be holistic and needs-led, evidence-based, measurable, relevant to the child and their family, and accessible. She is also very interested in the development of systemic thinking and practice in rehabilitation acknowledging the integral role of a child's family in their recovery and development. She is committed to the dissemination of knowledge and enjoys teaching at various CPD national and international conferences and workshops on neuropsychology and child rehabilitation. She is co-editor of the text book Neuropsychological Rehabilitation of Childhood Brain Injury: A practical guide, and she has co-authored a number of papers, articles and book chapters on child neuropsychological rehabilitation.

BIOGRAPHIES



Dr. Jonathan Reed

Consultant Clinical Neuropsychologist & Clinical Director, Recolo UK Ltd

Jonathan Reed is a Consultant Clinical Neuropsychologist/ Clinical Psychologist and full practitioner paediatric neuropsychologist. He has worked as a senior Paediatric Neuropsychologist at Guy's Hospital London and as a specialist Paediatric neuropsychologist at the Royal London Hospital. He has also held positions in child development, child mental health services and was a researcher on the National Traumatic Brain Injury Study. He works in private practice and is an experienced expert witness.

Jonathan is very interested in using the latest research in developmental neuroscience to help children with neurological and neurodevelopment conditions. He has edited an international textbook on child neuropsychology together with his colleague Jody Warner Rogers (Reed and Warner Rogers; *Child Neuropsychology Concepts Theory and Practice*: Wiley Blackwell, 2008). He is co-editor of *Neuropsychological rehabilitation of childhood brain injury: A practical guide* (2015) edited by Reed, Byard and Fine, Palgrave MacMillan. He is on the editorial board of the journal *Applied Neuropsychology: Child*. He has arranged several national conferences on child neuropsychology attracting international speakers. He has extensive experience of assessing and treating children with neurological conditions and with children who have suffered abuse and neglect.



Dr. Sophie Gosling

Clinical Lead & Consultant Clinical Psychologist, Recolo UK Ltd

Dr Sophie Gosling is a Consultant Clinical Psychologist and HCPC Registered Practitioner Psychologist. She joined Recolo in 2011, and from 2015, is the Clinical Lead for the organisation. Dr Gosling qualified as a Clinical Psychologist in 1993. She brings a breadth and depth of clinical expertise in working effectively with children and their families. She has worked in the NHS, University and Independent sectors in the UK and has also worked in Australia and Belgium. Her areas of special interest and expertise are in the field of paediatric brain injury rehabilitation, and

she obtained a Diploma in Paediatric Neuropsychology from UCL in 2016. She seeks to engage and work with families collaboratively, bringing expertise from her extensive clinical experience as well as being able to formulate and intervene at a number of levels: child, family and system. She uses a goals systems approach to her work with families which ensures that clinical work is focussed, measurable and meaningful.

She has co-authored over 25 papers, articles, and book chapters. Most recently she co-wrote a chapter with Katie Byard, 'Reflections on outcomes measurement in child neuropsychological rehabilitation: a child-centred approach in 'Psychological therapies of Paediatric Acquired Brain Injury' (2020), edited by Jenny Jim and Esther Cole. She won a 'Best Paper' award in Australia and has presented at numerous conferences, including the Recolo/ABI solutions conference 'Growing a New You' in 2019.

BIOGRAPHIES



Dr. Peter Tucker

Consultant Clinical Psychologist, Research Lead, Recolo UK Ltd

Dr Peter Tucker is Research & Development Lead within Recolo. He is a member of the Senior Clinical Team and a Clinical Supervisor. Peter qualified as a Clinical Psychologist at the University of Birmingham in 2001, then obtained a Diploma in Applied Clinical Neuropsychology from Kings College London in 2004. Peter previously worked as neuropsychology lead for Young People's Neurorehab at the Royal National Hospital for Rheumatic Diseases in Bath.

Peter has an Honorary Lectureship with the University of Bristol providing research supervision and teaching. He has previously held positions in training in clinical and neuro-psychology at Universities of Bath and Exeter. He conducts research into outcome measurement in neuropsychological rehabilitation. He has a keen interest in real world, practice based evidence. He has published papers on goal setting, neurorehabilitation of children and young people and cognitive problems in children with Chronic Fatigue Syndrome/ME.

Peter has worked in clinical settings ranging from Social Services, Child & Adolescent Mental Health Services and Young People's Health Services, often helping children and young people and their families adapt to big changes in their lives. He uses a range of approaches from behavioural, cognitive and collaborative routine development with the young person, their family and health team. This has most recently included use of telerehabilitation where therapy and liaison are conducted remotely.

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Trust Recolo to provide expert, high quality and effective community neuropsychological rehabilitation to children and young people and their families.

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At **Team Brain Injury Support**, we provide high calibre support, complex care and rehabilitation packages to clients within their own homes. We are CQC Registered to provide packages to both Adults and Children.

Working with Acquired Brain Injuries and Traumatic Brain Injuries, all our packages are bespoke and person centred with client specific and nurse led risk assessment and care planning.

We work with our Clients, Families and the MDT to ensure that each package is individual, and goal driven, focusing on the clients, working with them to achieve and exceed their goals.

Each client is supported by our highly experienced office team with dedicated Area Managers and coordinators. The area office teams manage all the Care Planning, Risk Assessments and all ongoing management of the Support Team and package, allowing the MDT focus fully on the client.

Team Brain Injury Support believe in the training and education of our workers. All Support Workers are provided with Specialist Brain Injury Training along with all Mandatory Training and updates. All support workers are fully DBS checked and referenced prior to starting.

Team Brain Injury Support recognises the importance of communication and reporting, we have a bespoke reporting system available to all clients which is customisable to each individual. It has been designed for support workers, families and MDT to be able to monitor, report daily activities and rehabilitation goals in a central location. The system is live, providing immediate access to logs, reports, calendars and a communication board.

Team Brain Injury Support will ensure:

- **High Calibre Support Workers**
- **Monthly Rota's providing consistency to Client**
- **Workers introduced, matching both clients' needs and family requirements**
- **Full, ongoing training, compliance and support for all Support Workers**
- **Dedicated Area Manager and Coordinator**
- **Online bespoke reporting system**
- **Nurse led approach for all Care Planning**

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