Where innovation meets evidence:
The cutting edge of Neurologic Music Therapy and evidence-based practice in clinical settings

One Great George Street
Westminster
Thursday 10th September 2020

Cost £175+VAT
Draft Programme

Thursday 10th September 2020 • One Great George Street, Westminster

Where innovation meets evidence: The cutting edge of Neurologic Music Therapy and evidence-based practice in clinical settings.

This unique conference offers an engaging programme of high quality and evidence-based presentations on innovative Neurologic Music Therapy programmes, collaborative clinical work, legal considerations in Neurologic Music Therapy input, and recent research and developments.

Draft Programme

09:00 – 09:30 Registration, tea/coffee, exhibition stands and networking
09:30 – 09:35 Welcome from the conference sponsor
09:35 – 09:40 Introduction from the conference Chair
09:40 – 10:25 **The importance of Music Therapy in Acute Trauma Care**

Overview of a UK-first pilot at Royal London Hospital, Barts Health, recommendations for increasing delivery of Neurologic Music Therapy across all trauma networks in the UK to improve patient outcomes at discharge. Overview of the evidence base and results from the initial pilot.

**Dr. Karen Hoffman, Head of Rehabilitation Research Centre for Trauma Sciences, AHP Rehabilitation Consultant Barts Health (Royal London)**

10:25 – 11:15 **Tuning into NeuroMusic: a joint music therapy and psychology approach in brain injury rehabilitation**

Dr. Byard will present the vision for a joint neurologic music therapy and psychology approach to improve psychological outcomes in neuro-rehabilitation. The presentation will also inform the delegates about what we are learning and the results so far from a pilot small scale study exploring a joint NeuroMusic assessment approach; and consider its value for longer-term rehabilitation for young people and their families, and the synergy with other therapies.

**Dr Katie Byard (HCPC Registered Clinical Psychologist, AFBPsS, C Psychol), Consultant Clinical Psychologist (Neuropsychology & Rehabilitation), Clinical Director at Recolo UK Ltd**

11:15 – 11:45 Tea/coffee exhibition stands and networking

11:45 – 12:30 **Embedding Neurologic Music Therapy within Acute Stroke Rehabilitation**

Wycombe Hospital is a medium-large sized stroke unit seeing approximately 750 strokes per year. The unit has regularly achieved a SSNAP score of ‘A’, denoting high quality stroke care. Many patients stay on the stroke unit to access therapy to improve their function. Neurologic Music Therapy was introduced to the service in July 2015 and subsequently audited. This presentation will explore the journey to introduce this innovative service into the established multidisciplinary practice to optimise rehabilitation opportunities for patients.

**Rachel Hayden, Clinical Specialist Stroke Physiotherapist and Vicky Strother, Clinical Specialist Neurological Occupational Therapist, High Wycombe Acute Stroke Unit, Buckinghamshire Healthcare NHS Trust**
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12:30 – 13:00  Neurological Music Therapy from a Medico Legal Perspective.
This presentation will look at case studies that use NMT within medico legal cases including the therapeutic and evidential benefits of the same and with considerations as to cost benefit analysis.
Sofie Toft, Senior Associate Solicitor, Irwin Mitchell & Sarah Griggs, Partner, Irwin Mitchell

13:00 - 13:15  A return on investment overview from the London School of Economics regarding the cost-benefit of NMT assessments for severe brain injury.
Dr David McDaid

13:15 – 14:15  Lunch, exhibition stands and networking

14:15 – 15:10  Music therapy across the Neuropalliative care pathway: improving well-being from acute to chronic care
With the growing evidence base for music therapy with people living with acquired neurological conditions, this presentation will examine what the evidence is suggesting for Music Therapy service delivery across the acute, rehabilitation, chronic and community care pathways.
Dr Wendy Magee, PhD, Music Therapist, Professor Music Therapy Program, Temple University

15:10 – 15:35  Tea/coffee exhibition stands and networking

15:35 – 15:55  Rhythms in rehab
Joint working between physiotherapy and neurologic music therapy in neurological rehabilitation.
Raj Reghu, Therapy Lead and Senior Physiotherapist, Elysium Healthcare & Hilary Storer, Neurologic Music Therapist, Chiltern Music Therapy

15:55 – 16:15  Through the continuum of rehab
Multi-disciplinary working with Neurologic Music Therapy and Occupational Therapy, supporting patients during neuro-rehabilitation towards reintegration into the community.
Shiva Jamwal, Head Occupational Therapist, The Royal Buckinghamshire Hospital
James Lea, Neurologic Music Therapist, Chiltern Music Therapy

16:15 – 16:35  Improving outcomes through joint working
Collaboration between Neurologic Music Therapy and Speech and Language Therapy, supporting patients with spinal cord injuries and complex neurological conditions during rehabilitation.
Kasia Sikora-Black, Neurologic Music Therapist, Chiltern Music Therapy
Sadia Hussain, Speech & Language Therapist, Independent Practitioner

16:35 – 17:05  ‘I’m not settling for this life, I’m a survivor’
Across the care pathway - supporting transition from neurorehabilitation to community services: tailoring provision in line with progress and change.
Elizabeth Nightingale, Neurologic Music Therapist, Chiltern Music Therapy

17:05  Conference close

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Katie Byard

Dr Katie Byard
(HCPC Registered Clinical Psychologist, AFBPSS, C Psychol), Consultant Clinical Psychologist (Neuropsychology & Rehabilitation), Clinical Director at Recolo UK Ltd

Katie is a Consultant Clinical Psychologist who works in private practice. She is a co-founder of Recolo UK Ltd and along with her fellow founders, is an internationally recognised expert in the field of child neuropsychological rehabilitation.

She has highly specialised experience delivering neuropsychological rehabilitation following childhood brain injury. She also has considerable experience of the NHS, previously delivering clinical input into paediatric psychology and child neuropsychology services at Guy’s & St Thomas’ NHS Trust. She has also held positions in child mental health services and adult neuropsychological rehabilitation in-patient services. Prior to clinical training, Katie was a Research Psychologist at Imperial College, London investigating the neuronal correlates of learning in Parkinson’s Disease, and her interest in this area continued into her clinical doctoral research.

Katie’s vision is for child neuropsychological rehabilitation to be evidence-based, measurable, relevant to the child and their family, and accessible.

- Registered Psychologist with the Health Care Professions Council
- Associate Fellow, British Psychological Society, BPS
- BPS Division of Clinical Neuropsychology
- BPS Division of Clinical Psychology
- On BPS Register of Applied Psychology Practice Supervisors
- British Association for Behavioural and Cognitive Psychotherapies

Karen Hoffman

Karen Hoffman
Head of Rehabilitation Research Centre for Trauma Sciences, AHP Rehabilitation Consultant
Barts Health (Royal London)

Following the completion of a BA Honours degree in Occupational Therapy at the University of the Orange Free State Karen pursued her career in working with people with traumatic injuries, including acquired neurological conditions. She moved to the UK 20 years ago and has since been actively involved in neuro and trauma rehabilitation both clinically, lecturing and national guidelines. She was chair for the National Association of Neurological Occupational Therapists, and a GDG member for the NICE Critical Care Rehabilitation guidelines and currently a topic advisor the NICE Rehabilitation after Traumatic Injuries guidelines.

Karen has developed a minimum data set for trauma rehabilitation based on coded categories from the International Classification of Function, Disability and Health, which was endorsed by the WHO in 2017. She has developed the AfterTrauma website for Trauma survivors and is working on phase two to develop self-management tools to enable patients to track their recovery on-line. She was the project manager for the National Clinical Audit for Specialist Rehabilitation of Trauma Patients (NCASRI) funded by the Health Quality Improvement Programme. Karen is currently employed as an AHP Rehabilitation Consultant at the Royal London Hospital and Head of Rehabilitation Research at the Centre for Trauma Sciences. She also runs Harrison Training providing education and training for therapist in a variety of areas.
Biographies

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Sofie Toft
Senior Associate Solicitor, Irwin Mitchell

Sofie joined Irwin Mitchell in 2009 and is a Senior Associate Solicitor specialising in catastrophic and serious injury cases. Sofie's work is focused on maximising rehabilitation and a return to independence for her clients. She is accredited as a Senior Litigator and Brain Injury Specialist by APIL.

Sofie was proud to be involved with Chiltern's pilot clinic providing neurological music therapy to patients within the acute trauma population at the Royal London Hospital in 2018. She is further a Trustee of Ealing Mencap, supporting the provision of services to learning disabled children and adults within the Borough of Ealing.

Rachel Hayden
Clinical Specialist Physiotherapist, Buckinghamshire Healthcare NHS Trust

Rachel qualified as a Physiotherapist from the University of Birmingham in 2002. She completed an MSc in Neurological Rehabilitation from Oxford Brookes University in 2011, and has worked within the stroke service at Buckinghamshire Healthcare NHS Trust for 10 years.

Victoria Strother
Clinical Specialist Neurological Occupational Therapist, Wycombe General Hospital

Vicky qualified from as an Occupational Therapist from Oxford Brookes University in 2000. She has worked in many NHS trusts, gaining experience of working with adults with acquired brain injury and has a special interest in cognitive changes following stroke. She has worked within Buckinghamshire Healthcare NHS Trust for the past 3 years.
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Sarah Griggs
Partner, Irwin Mitchell

Sarah joined Irwin Mitchell in 2006 and is a Partner in the Serious Injury team. She specialises in complex cases involving life changing injuries.

With a particular interest in brain injury cases, Sarah is accredited as a brain injury specialist by the APIL injury Accreditation Scheme. Sarah has close links with Headway and was appointed as a Trustee of Headway East London in 2013. Sarah is also a Committee member for the Acquired Brain Injury Forum for London (ABIL) and she is keen to raise awareness of acquired brain injury across London and the UK. Sarah is passionate about rehabilitation and has extensive experience of securing early interim payments for her clients to ensure that their rehabilitation can start as soon as possible.

Wendy Magee
PhD, Music Therapist, Professor Music Therapy Program, Temple University

Dr. Wendy Magee’s research and teaching interests stem from a long career as a Music Therapy clinician in neuro-rehabilitation with adults with complex needs from acquired brain injury and neuro-degenerative disorders. Her primary research areas lie in Disorders of Consciousness; measurement; evidence-based music interventions in health; identity; and new and emerging technologies used in healthcare. She is a Cochrane Reviewer, with over 90 international peer-reviewed journal articles and book chapters spanning music therapy, neuroscience, and interdisciplinary healthcare, in addition to books and training manuals. She has an extensive international teaching and conference portfolio. From 1990-2011 she worked at the Royal Hospital for Neuro-disability in London, UK and pursued a range of research with adults with neurological conditions including traumatic brain injury, stroke, Parkinson’s Disease, Multiple Sclerosis, Huntington’s Disease, Disorders of Consciousness, and Locked-in Syndrome. More recently her research has expanded to pediatric Disorders of Consciousness. She is a former Fellow in Neurologic Music Therapy (NMT) and has advanced clinical competencies in working with complex populations. Dr. Magee is active in the International Brain Injury Association’s Disorders of Consciousness Special Interest Groups.
**Biographies**

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**Hilary Storer**  
*(MA, ARCM, Dip Perf RCM, FNMT, FAMI) Neurologic Music Therapist, Chiltern Music Therapy*

Hilary trained as a classical musician at the Royal College of Music and spent the first part of her career playing the oboe in symphony and chamber orchestras, both in London and around the country. She was also a member of the BBC Philharmonic Orchestra in Manchester.

More recently she developed an interest in using music for health and gained her MA in Music Therapy in 2012. She has a special interest in working with people with acquired brain injuries and other neurological conditions and is the music therapist at Adderley Green (Elysium Healthcare) and Herefordshire Headway.

Hilary has completed advanced training in Neurologic Music Therapy with Prof. Michael Thaut to become a NMT Fellow. She is also trained to administer the MATADOC assessment for people with disorders of consciousness. Hilary is a Fellow of the Association of Music and Imagery and currently practices this form of therapy with people living with cancer.

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**Renjith Eettickal Reghu**  
*THERAPY LEAD AND SENIOR PHYSIOTHERAPIST, ELYSIUM HEALTHCARE*

Renjith Eettickal Reghu (Raj) has been qualified as a physiotherapist for over 15 years and has spent much of his career working in services supporting patients with neurological conditions. Raj’s expertise extends to providing respiratory management for those residents who present with complex respiratory conditions including for those who require tracheostomies. As therapy lead for Adderley Green he provides much of the specialist training required to assist staff support our residents to the best of their ability as well as providing a wealth of experience and expertise to the wider inter disciplinary team.
Shiva Jamwal
Head Occupational Therapist, The Royal Buckinghamshire Hospital

Shiva has been working as a clinical specialist Occupational Therapist in spinal cord injury and neuro-rehabilitation for the past 16 years. She recently completed a master’s in health management and is currently heading the Occupational Therapy department at The Royal Buckinghamshire Hospital, which is a leading private hospital specialising in spinal cord injuries and complex neurological conditions.

Shiva is an expert witness in spinal cord injuries and prepares expert quantum reports for the court. She volunteers her services to NEURAM which is a charity committed to establishing specialist spinal cord injury and neuro-rehabilitation in Mauritius where her role is to provide teaching, training and clinical support.

Working with patients from different nationalities in the private sector as well as in the NHS has enabled her to establish a broad understanding of catastrophic injuries and the impact it has on the individuals and their families.

Part of her clinical practice involves carrying out multi-disciplinary assessments and providing recommendations on rehabilitation needs to the clients. Shiva is a strong advocate for a comprehensive multi-disciplinary approach, much needed in the management of neurological conditions. Neurological conditions are multifaceted and require a range of expertise to work together for good outcomes.

Shiva is a member of the International Spinal Cord Injury Society and Asian Spinal Cord Injury Network. She is also a member of the Multi-disciplinary Association of Spinal Cord Injury Professionals (MASCIP).

Shiva is also a part of the research project on the multi-disciplinary approach via telerehabilitation in neurological conditions.

James Lea
Neurologic Music Therapist, Chiltern Music Therapy

James is a qualified Neurologic Music Therapist and MATADOC trained Music Therapist working within Chiltern Music Therapy. He has experience across a range of client bases, currently working in paediatrics and adult neuro-rehabilitation within a variety of settings which include specialist hospitals as well as mainstream and SEN schools.

James has an interest in collaborative group work, supporting patients with varying needs via a joint working approach. He is one of the Music Therapists based at The Royal Buckinghamshire Hospital.
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<th>Kasia Sikora-Black</th>
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<td><strong>Neurologic Music Therapist, Chiltern Music Therapy</strong></td>
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<td>Kasia is a qualified Neurologic Music Therapist and NICU-Music Therapist working within specialist hospital settings through Chiltern Music Therapy. She has a wide range of experience across the lifespan, currently working in neonatal intensive care units, paediatrics and adult neuro-rehabilitation. Kasia has a particular interest in using music to support people with a spinal cord injury or neurological disorder, in addition to developing awareness and understanding of NICU-Music Therapy with premature infants and families. She is one of the Music Therapists based at The Royal Buckinghamshire Hospital.</td>
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<th>Sadia Hussain</th>
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<td><strong>Speech &amp; Language Therapist, Independent Practitioner</strong></td>
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<td>Sadia is a Speech &amp; Language Therapist, who has been practising in the field of rehabilitation, for over seventeen years. From the outset, she took an interest in treating individuals presenting with swallow and communication difficulties arising from neurological and critical medical conditions. She has worked across acute, rehabilitation and community settings and applied principles of holistic and evidence based practice to her clinical decision making on a daily basis. She currently works as a clinical specialist at the Royal Buckinghamshire Hospital, treating individuals who have experienced catastrophic and complex injury, with long term needs. This includes severe brain, spinal injury as well as those who have ventilator and tracheostomy needs. She works within a highly specialist multi-disciplinary team, working closely alongside therapists, nurses, medics and psychologists.</td>
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<th>Elizabeth Nightingale</th>
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<td><strong>Neurologic Music Therapist, Chiltern Music Therapy</strong></td>
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<td>After graduating from Queen Margaret University in 2013, Elizabeth gained clinical experience with adults with neurological disorders and worked with children with a range of needs including developmental delay, behavioural difficulties, and trauma. She later trained as a Neurologic Music Therapist and MATADOC assessor and continues to acquire specialist experience in brain injury and neurodisability through providing NMT and MATADOC assessments for medico-legal cases. She has also had her work and research published in the Brain &amp; Spinal Injury Handbook, Journal of Dementia Care, and the British Journal of Music Therapy. Elizabeth also holds the role of Neuro Music Therapy Services Manager for Chiltern.</td>
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At Team Brain Injury Support, we provide high calibre support, complex care and rehabilitation packages to clients within their own homes. We are CQC Registered to provide packages to both Adults and Children.

Working with Acquired Brain Injuries and Traumatic Brain Injuries, all our packages are bespoke and person centred with client specific and nurse led risk assessment and care planning.

We work with our Clients, Families and the MDT to ensure that each package is individual, and goal driven, focusing on the clients, working with them to achieve and exceed their goals.

Each client is supported by our highly experienced office team with dedicated Area Managers and coordinators. The area office teams manage of all the Care Planning, Risk Assessments and all ongoing management of the Support Team and package, allowing the MDT focus fully on the client.

Team Brain Injury Support believe in the training and education of our workers. All Support Workers are provided with Specialist Brain Injury Training along with all Mandatory Training and updates. All support workers are fully DBS checked and referenced prior to starting.

Team Brain Injury Support recognises the importance of communication and reporting, we have a bespoke reporting system available to all clients which is customisable to each individual. It has been designed for support workers, families and MDT to be able to monitor, report daily activities and rehabilitation goals in a central location. The system is live, providing immediate access to logs, reports, calendars and a communication board.

Team Brain Injury Support will ensure:

- High Calibre Support Workers
- Monthly Rota’s providing consistency to Client
- Workers introduced, matching both clients’ needs and family requirements
- Full, ongoing training, compliance and support for all Support Workers
- Dedicated Area Manager and Coordinator
- Online bespoke reporting system
- Nurse led approach for all Care Planning

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