

Online Course

GENERAL PRINCIPLES OF NEUROPSYCHOLOGICAL REHABILITATION FOR PEOPLE WITH NON PROGRESSIVE BRAIN INJURY

With Professor Barbara Wilson OBE

This online resource package includes professionally filmed sessions & PDF copies of all the slides

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Online course with Professor Barbara Wilson OBE

Once you have booked this course the resources will be immediately made available to you. The benefit of this forum is that you can complete the training in your own time. You will also have access to the resources forever so you can refer back to it at any point. Once you have viewed all of the content you can self declare that you have completed the training and a CPD certificate will be added to the resource to download at anytime.

This workshop begins with a discussion of the main problems faced by people with acquired non progressive brain injury (focusing on those with traumatic brain injury, stroke, encephalitis and hypoxic brain damage). We consider how to distinguish between different cognitive problems and between cognitive, emotional and behavioural problems.

The workshop continues with a description of ways to assess people with brain injury. This section will include different approaches to neuropsychological assessment, the comparison between neuropsychological and functional assessments and the kinds of questions these assessments can and cannot answer.

This is followed by a description of the nature and purpose of rehabilitation and some general principles to help those with cognitive deficits. The issue of restoration versus compensation is addressed.

We then look at memory, executive, attentional, visuospatial and visuoperceptual difficulties in turn and consider ways to remediate these problems.

We address group versus individual therapy and how to design treatment programmes for people with cognitive impairments.

Clinical examples are provided together with evidence for the effectiveness of cognitive rehabilitation. It will be shown that neuropsychological rehabilitation can help people to compensate for, bypass or reduce their everyday problems and thus survive more efficiently in their be introduced to the main problems faced by survivors of non-progressive brain injury.

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OBJECTIVES OF THE WORKSHOP

Participants will:

- Learn about the overlap between cognition, emotion and behaviour
- Be familiar with some of the assessment procedures used to determine the cognitive and functional consequences of brain injury.
- Understand which questions these assessments can and cannot answer
- Consider the debate between restitution versus compensation
- Be introduced to the different ways of managing memory, executive, attentional, visuospatial and visuoperceptual disorders
- Be presented with ways to design treatment programmes for people with cognitive impairments
- Be presented with evidence on the effectiveness of cognitive rehabilitation

By the end of this workshop participants will:

- Have a good understanding of the cognitive, emotional and psychosocial consequences of brain injury
- Be aware of the overlap between cognition, emotion and behaviour
- Be familiar with some of the neuropsychological and functional assessment procedures used to determine the problems of people with brain injury
- Have some insight into the restitution versus compensation debate
- Have a working knowledge of the different ways of managing memory, executive, attentional, visuospatial and visuoperceptual disorders
- Be able to structure a treatment programme
- Show awareness of the evidence supporting the efficacy of cognitive rehabilitation

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BIOGRAPHY



PROFESSOR BARBARA WILSON OBE CPsychol, PhD, FBPsS, FmedSci, AcSS

Barbara Wilson is a clinical neuropsychologist who has worked in brain injury rehabilitation for 42 years. She has published 31 books, 203 peer reviewed papers, 123 chapters and 8 neuropsychological tests. She has won many awards for her work including an OBE from the Queen in 1998, for services to rehabilitation; five lifetime achievement awards, one from the British Psychological Society, one from the International Neuropsychological Society, one from the National Academy of Neuropsychology, one from the Encephalitis Society and one from the NHS 70 year anniversary parliamentary awards where she was regional champion for the Midlands and East Region. In 2011 she received the Ramon Y Cahal award from the International Neuropsychiatric Association. In 2014 she received an honorary degree from The University of Cordoba, Argentina. Also in 2014 she received the M.B. Shapiro award from The Division of Clinical Psychology (affiliated to The British Psychological Society) for Distinguished Contributions to Clinical Psychology. In 2019 she received the annual award from the Spanish Clinical Neuropsychological Society. She is editor of the journal "Neuropsychological Rehabilitation" which she founded in 1991 and in 1996 she established the Oliver Zangwill Centre for Neuropsychological Rehabilitation. A rehabilitation centre in Quito, Ecuador is named after her. She is president emeritus of the UK Encephalitis Society and is on the management committee of The World Federation of Neuro Rehabilitation. The UK Division of Neuropsychology has named a prize after her, the 'Barbara A Wilson prize for distinguished contributions to neuropsychology'.

Barbara is a Fellow of The British Psychological Society, The Academy of Medical Sciences and The Academy of Social Sciences. She is honorary professor at the University of Hong Kong, the University of Sydney and the University of East Anglia. She has held 30 research grants. Her work has resulted in changes in clinical practice. For example, as a result of a randomised control trial evaluating a paging system to improve the everyday functioning of people with memory and planning problems, the local health authority set this up as a health care system for people throughout the United Kingdom. Barbara A Wilson has been involved in the training of clinical psychology trainees (interns) for many years. Some of her ex students have been high achievers. These include Jonathan Evans, Linda Clare, Nick Alderman, Jane Powell, Tatia Lee and Agnes Shiel, all of whom are full professors.

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