Whose Life Is It Anyway?
Supporting effective brain injury rehabilitation in the community

26th November 2020
ILEC Conference Centre & Ibis London Earls Court

Early bird rate
£199 + VAT until 4th September 2020
Standard rate
£249 + VAT

BOOK NOW

26th November 2020
ILEC Conference Centre & Ibis London Earls Court

Whose Life Is It Anyway?
Supporting effective brain injury rehabilitation in the community

BOOK NOW

26th November 2020
ILEC Conference Centre & Ibis London Earls Court

Whose Life Is It Anyway?
Supporting effective brain injury rehabilitation in the community

BOOK NOW

26th November 2020
ILEC Conference Centre & Ibis London Earls Court

Whose Life Is It Anyway?
Supporting effective brain injury rehabilitation in the community

BOOK NOW

26th November 2020
ILEC Conference Centre & Ibis London Earls Court

Whose Life Is It Anyway?
Supporting effective brain injury rehabilitation in the community

BOOK NOW

26th November 2020
ILEC Conference Centre & Ibis London Earls Court

Whose Life Is It Anyway?
Supporting effective brain injury rehabilitation in the community

BOOK NOW

26th November 2020
ILEC Conference Centre & Ibis London Earls Court

Whose Life Is It Anyway?
Supporting effective brain injury rehabilitation in the community

BOOK NOW

26th November 2020
ILEC Conference Centre & Ibis London Earls Court

Whose Life Is It Anyway?
Supporting effective brain injury rehabilitation in the community

BOOK NOW

26th November 2020
ILEC Conference Centre & Ibis London Earls Court

Whose Life Is It Anyway?
Supporting effective brain injury rehabilitation in the community

BOOK NOW

26th November 2020
ILEC Conference Centre & Ibis London Earls Court

Whose Life Is It Anyway?
Supporting effective brain injury rehabilitation in the community

BOOK NOW

26th November 2020
ILEC Conference Centre & Ibis London Earls Court

Whose Life Is It Anyway?
Supporting effective brain injury rehabilitation in the community

BOOK NOW
It is widely recognised that rehabilitation can make a significant difference to all, from the individual concerned, to society as a whole. One cannot create one programme or pathway that fits all because everyone has different circumstances in the community, every brain and therefore every brain injury is different – and trauma affects everyone uniquely. We all have different values and lifestyles and brain injury rehabilitation has to be bespoke, meaningful and add value. Finding a way to gauge success using standard rehabilitation outcome measures can be tricky.

This conference will review the current state of brain injury rehabilitation, with particular focus on the unique factors impacting community-based rehabilitation. We will hear innovative perspectives from brain injury rehabilitation specialists across a variety of sectors and identify the unique components that make up effective rehabilitation for individuals with traumatic brain injury.

Finally, through utilising the combined knowledge and expertise of a variety of specialists, we end the day by proposing a new model for community brain injury rehabilitation. We hope this will introduce a way of implementing and measuring the effectiveness of bespoke community rehabilitation, and over time make a considerable difference not only to the people who use our services and their families, but also to the professionals who work in this field, and to the wider brain injury population in general.

**DRAFT PROGRAMME**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>08:45-09:10</td>
<td>Registration, tea/coffee, networking &amp; exhibition stands</td>
</tr>
<tr>
<td>09:10-09:15</td>
<td>Welcome from the conference sponsor</td>
</tr>
<tr>
<td></td>
<td>Jo Throp, Clinical Director, Krysalis Consultancy Ltd</td>
</tr>
<tr>
<td>09:15-09:30</td>
<td>Opening remarks by Chair</td>
</tr>
<tr>
<td></td>
<td>Karen Poole, Consultant AHP in Rehabilitation &amp; Director of Trauma Rehabilitation, Sussex Trauma Network</td>
</tr>
<tr>
<td>09:30-10:00</td>
<td>Improving community rehabilitation services</td>
</tr>
<tr>
<td></td>
<td>This presentation covers state of the nation overview of rehabilitation services, and what is already currently planned to improve provision.</td>
</tr>
<tr>
<td></td>
<td>Andrew Bateman, Chairperson, UKABIF</td>
</tr>
<tr>
<td>10:00-10:30</td>
<td>Commissioning brain injury rehabilitation services</td>
</tr>
<tr>
<td></td>
<td>Barbara Rayner, Senior Commissioning Manager, Central Sussex &amp; East Surrey CCG alliance</td>
</tr>
</tbody>
</table>
10:30-11:00 **Coming together to transform community Neurorehabilitation**

Stakeholders in South East London are working together to commission equitable and improved neuro rehab services in the community. Following a report benchmarking services against NICE guidelines, patient representatives, service providers and commissioners came together to agree priorities for change. These included increased access to neuropsychology, intensive community neurorehabilitation modelled on GSTT’s NETT team and community based Vocational rehabilitation. In this presentation we will touch on the impact and cost effectiveness of NETT, our vision for well-resourced community neurorehabilitation and advocate for lobbying for change at a regional and national level.

Heather Campbell, Clinical Lead and Head of Neurorehabilitation Service, Guy’s & St Thomas’ NHS Foundation Trust

---

11:00-11:30 **Tea/coffee, networking & exhibition stands**

---

11:30-12:15 **Addressing the trauma in TBI**

Highlighting how engagement in the rehabilitation process can be enhanced by recognising and addressing the stress response in both people with ABI and their families.

Priyanka Pradhan, Consultant Clinical Neuropsychologist, The Breathing Brain Movement

---

12:15-13:00 **But won’t he be socially isolated?**

Presentation based on case study - highlighting obstacles overcome, including opposing views (concerns re social isolation, no further progress possible, too big/intensive/costly to manage, etc)

Jo Pendlebury, Brain Injury Case Manager, Head First

---

13:00-14:00 **Lunch, networking & exhibition stands**

---

14:00-14:15 **De-Stress (Exercise)**

Priyanka Patel, Consultant Clinical Psychologist, The Breathing Brain Movement

---

14:15-15:00 **Why can’t you just stop her doing x?**

What do we mean by community rehabilitation? What are the expectations of what can be accomplished versus the reality? What are the unique challenges of community rehab which do not exist in inpatient settings?

Fergus Gracey, Consultant Clinical Neuropsychologist, CCPNR

---

15:00-15:30 **Tea/coffee, networking & exhibition stands**

---

15:30-16:30 **Towards a model for brain injury community rehabilitation**

This presentation will propose a model (as far as it has been developed) including engaging participants and speakers in further development, highlighting essential components, considerations, expertise, measurement, etc.

Facilitated by Jo Clark Wilson, Managing Partner & Brain Injury Case Manager, Head First LLP along with MDT TBC

---

16:30-16:45 **Closing remarks by Chair**
She comes, and I make my bed with her...I’ve got back to doing it by myself and that corresponds to independence. Without fail every morning it has become routine.

The whole point of rehab is getting back to normal, I want to be able to do everything. Anything is possible.

Clinical excellence and expert knowledge
Specialist Occupational Therapy and Vocational Rehabilitation Services for people with brain injury and neurological conditions.

01722 466117
enquiries@krysalisconsultancy.co.uk
www.krysalisconsultancy.co.uk

...realising potential, transforming lives