



Rebuilding Lives after Brain Injury
www.livingwithabi.co.uk

presents

Cost £50 + VAT 15% discount for
NHS, Statutory Services & Charities

ON-DEMAND ONLINE TRAINING

Living Safely with ABI:

Providing safe and effective rehabilitation to acquired brain injury survivors and wider systems demonstrating high clinical complexity and risk.

When rehabilitation is complicated by risk, distress and fractured systems, confident decision-making matters. This webinar tackles the clinical, ethical and systemic realities of working safely with ABI survivors and the networks around them.

Dr Freddie Byrne, Clinical Psychologist & Clinical Director, Dr Kara Deering, Forensic Psychologist and Matthew Gieve, Reflective Group Practice Facilitator, Living with ABI Ltd



This includes 2 hour presentation, slides and CPD certificate for 2 points

BOOK NOW

Organised by



2 Points



Sponsored by





Living Safely with ABI



This specialist training is designed for allied health professionals, case managers and solicitors working with people living with acquired brain injury (ABI), where rehabilitation is complicated by high clinical risk, distressing presentations and systemic barriers.

Focusing on real-world practice, the session explores how to deliver safe, ethical and effective rehabilitation when clients present with risk to themselves or others, vulnerabilities to exploitation, difficulties with social cognition or mentalisation, and behavioural or psychological disturbance that places strain on professional networks. The training will examine complex scenarios including self-harm, substance misuse, safeguarding concerns and situations where family dynamics significantly influence risk and outcomes.

Attention is also given to the realities of working within multidisciplinary and inter-agency systems, addressing challenges such as professional conflict, inefficient processes, staff burnout, high turnover and breakdowns in collaborative working. The role of families is explored in depth, including ambiguous loss, trauma, differing perceptions of risk, and circumstances where family members themselves may increase vulnerability.

Freddie is supported by colleagues Dr Kara Deering, Forensic Psychologist, and Matthew Gieves, Reflection Group Practice Facilitator.

Kara will be exploring the role of specialist forensic assessment and intervention when working with clients with a history of criminal behaviour or who pose a risk of harm to others.

Matthew will be exploring the ways in which clinical complexity can impact on team functioning, drawing on systemic and psychodynamic theories and his wealth of experience supporting clinical teams as a senior consultant at the Tavistock Institute of Human Relations.

Drawing on neuropsychology, clinical and forensic psychology, alongside research evidence, clinical case material and legal and best-practice frameworks, this training offers practical guidance for managing risk, strengthening decision-making and supporting sustainable rehabilitation in the most complex ABI cases.

BOOK NOW

Organised by



2 Points



Sponsored by





Living Safely with ABI



By The end of the training delegates will have developed their knowledge and skills to:

- Identify and formulate key risks surrounding ABI survivors, (including self-harm, substance misuse, suicidal behaviour, harm to others, and risk of exploitation) using psychological theory and neuropsychological social cognition frameworks to guide safe and effective rehabilitation planning.
- Recognise, understand and respond to unhelpful team and interagency dynamics (such as unmet safeguarding concerns, professional conflict, burnout, inefficient working and high staff turnover) in ways that support cohesion, effective rehabilitation risk management and rehabilitation delivery.
- Use specialist forensic psychology input, including violence and sexual harm risk assessments, appropriately, and work effectively with statutory services by navigating differing risk thresholds and resource levels with clearly defined roles and responsibilities.
- Apply relevant legal and best practice frameworks to guide decision-making, ensuring rehabilitation is safe, justifiable and defensible.
- Working alongside family members facing ambiguous loss and trauma and where there may be conflict with professionals drawing on systemic and narrative approaches to maintain engagement and safety.
- Provide psychologically informed support to ABI survivors by drawing on systemic and narrative psychotherapy ideas and techniques, mentalization-based approaches and a neuropsychological understanding of social cognition.
- Use models of clinical leadership and reflective practice to support and guide team working, and to manage the personal impact of this work, when navigating high levels of clinical complexity and risk.

BOOK NOW

Organised by



2 Points



Sponsored by





Living Safely with ABI



BIOGRAPHIES

Dr Freddie Byrne

Clinical Psychologist & Clinical Director



Dr Freddie Byrne is a clinical psychologist, trainer, supervisor and author working in neurorehabilitation. He is the clinical director of Living with ABI Ltd, an organisation dedicated to improving the lives of ABI survivors and their families through the provision of family inclusive neuropsychological rehabilitation.

Freddie has a special interest in working with ABI survivors and wider systems where there are issues of clinical risk and complexity. He has held leadership roles within a range of healthcare and training settings, including inpatient and community neuro-rehabilitation teams, clinical psychology training, and leading a psychology service embedded with children's social care.

Alongside his clinical practice Freddie is research active and a published author on the intersections between systemic family therapy and neuropsychology. Freddie's recent publications include:

- Therapeutic Support to Families Living with Acquired Brain Injury (ABI) Within Systemic and Narrative Practice. Byrne, F. In: *Medical Family and Systemic Psychotherapy* (Palgrave)(2026).
- Bringing systemic practices to neuropsychology. Kenny, J. & Byrne, F. In: *"Clinical Neuropsychology Essentials: A Guide for Early-Career Psychologists"* (Routledge) (In press)
- The experiences and outcomes of families living with Acquired Brain Injury. Byrne, F. & Whiffin, C. In: *"Clinical Neuropsychology Essentials: A Guide for Early-Career Psychologists"* (Routledge) (In press)
- Working with families of brain injury survivors. Byrne, F. & Hassan, A. *Healthcare Counselling and Psychotherapy Journal*, (January 2025).
<https://www.bacp.co.uk/bacp-journals/healthcare-counselling-and-psychotherapy-journal/2025/articles-january/working-with-families-of-brain-injury-survivors/>
- Byrne, F. (2023) Reflections on working systemically with families living with acquired brain injury. *Context*, 185.
https://www.researchgate.net/publication/371173583_Reflections_on_working_systemically_with_families_living_with_acquired_brain_injury_-_Context_185_2023

Freddie is a trained Teaching Fellow and takes pride in delivering high quality teaching and training events. Some examples of feedback from previous teaching and training events:

"Informative, engaging and accessible. Very practical with lots of concrete examples."

"Freddie gave many examples of the types of questions he would ask, making things which feel very abstract into something which made sense."

"Freddie's self-disclosure and sharing different aspects of his identity and experiences helped create a safe space for us all to share and think about these ideas."

"Expanding on how you would approach working with the whole family, and the steps you'd take to ensure that everyone feels included and heard, added valuable depth."

"Good attention paid to considering the social graces & power differentials."

"Thank you for highlighting the "hidden family" support needs, all with such emotion that shows how much you care."

"Brilliant talk and very relevant to my work. Speaker having personal experience made it very personable and person-centred."

"Really humanised, relatable and hard hitting."

"Insightful."

BOOK NOW





Living Safely with ABI



BIOGRAPHIES

Dr Kara Deering, HCPC Registered Forensic Psychologist

Kara is a Forensic Psychologist with a special interest in the assessment and bespoke support of individuals who are living with brain injury, mental health difficulties, and who have a forensic risk history. Kara's experience includes working within both inpatient and community adult mental health and rehabilitation settings. Kara has completed specialist forensic risk assessments for individuals who have committed a range of offences, including those who live with vulnerabilities such as brain injury, neurodiversity, and mental health difficulties.



Matthew Gieve, MSc, MSc, BA, MBPsS Reflective Group Practice Facilitator

Matthew facilitates reflective practice groups for multidisciplinary teams and peer reflection groups for professionals. His role is to create and maintain spaces where practitioners can step back from the immediate demands of clinical work to think together about the emotional and relational dimensions of what they do.

Matthew spent over 15 years as a senior consultant at the Tavistock Institute of Human Relations working in applied research, evaluation, and organisational consultancy — particularly in mental health, children's services, and family separation. He is an experienced Group Relations practitioner, having worked on staff at the Leicester Conference, the PCCA, and internationally in China and Kazakhstan. His approach to reflective practice draws on systemic and psychodynamically-informed group work and is designed to help teams and individuals process the emotional impact of their work, understand the dynamics that develop around complex cases, and sustain thoughtful practice over time.



BOOK NOW





APOLLO
HOME HEALTHCARE

Specialist complex care you can trust in litigation cases.

Delivering high-quality, person-centred care for adults and children with life-changing brain and spinal injuries.

- Cost effective solution compared to direct employment
- Care teams chosen with the client, not for them
- Expert nurse-led service
- National coverage



Learn more
about our
service here



01902 847111



www.apollohomehealthcare.com



commercial@apollohomehealthcare.com

