

JOIN US FOR
THIS WEBINAR

presented by



Mapping the Path to Function: Evidence-Based Formulation & Treatment of FND

**Strengthening clinical
confidence in assessment,
formulation and intervention.**

 12th February 2026

 10:00 - 12:00



Gain a thorough, evidence-based understanding of Functional Neurological Disorder and how to assess, formulate and treat it in real-world practice. This webinar equips clinicians with the clarity, structure and practical tools needed to work confidently across all levels of FND complexity.

Hosted by Heather Batey, Associate Consultant and Lizzie Clark, Senior Clinical Lead at Reach.

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Mapping the Path to Function:

Evidence-Based Formulation & Treatment of FND



12th February 2026



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Functional Neurological Disorder (FND) presents one of the most complex and often misunderstood challenges in neurorehabilitation. This webinar offers a clear, evidence-based introduction to FND, guiding clinicians through the essential concepts needed to assess, formulate and treat the condition with confidence.

The session begins by setting out the learning objectives and the value of integrated formulations. It then provides a detailed exploration of what FND is, how it is diagnosed, and how to recognise key rule-in signs using current ICD-10 and DSM-5 frameworks. Commonly experienced symptoms, up-to-date research developments and ongoing controversies in the field are also discussed.

From there, the webinar moves into practical clinical work: comprehensive assessment approaches, the importance of patient education, and the wider impact of FND on cognition, mental health, sensory and perceptual processing, and daily function. The final section focuses on formulation and intervention planning across cognitive, emotional and sensory domains. Treatment models, including technology-supported approaches, are presented alongside guidance on goal setting, outcome measures and practice considerations within clinical and medico-legal contexts.

This session is designed to strengthen clinicians' competence and confidence at every stage of working with FND, from first contact to structured intervention.

By the end of the webinar, participants will be able to:

1. Understand FND using current evidence-based diagnostic frameworks and rule-in clinical signs.
2. Apply integrated formulation models (included 4Ps, cognitive-behavioural, sensorimotor, OT models).
3. Explain how sensory, perceptual, interoceptive, and bodily-representation research informs FND presentations
4. Recognise the impact of FND on cognition, mental health, sensory processing, and daily function.
5. Use OT-led clinical assessment approaches to identify functional mechanisms, impairments, and strengths.
6. Develop clinical formulations and treatment plans that are, evidence-based, and outcome-focused, relevant to both clinical and medicolegal settings.
7. Feel empowered and confident working with clients with FND across levels of complexity.

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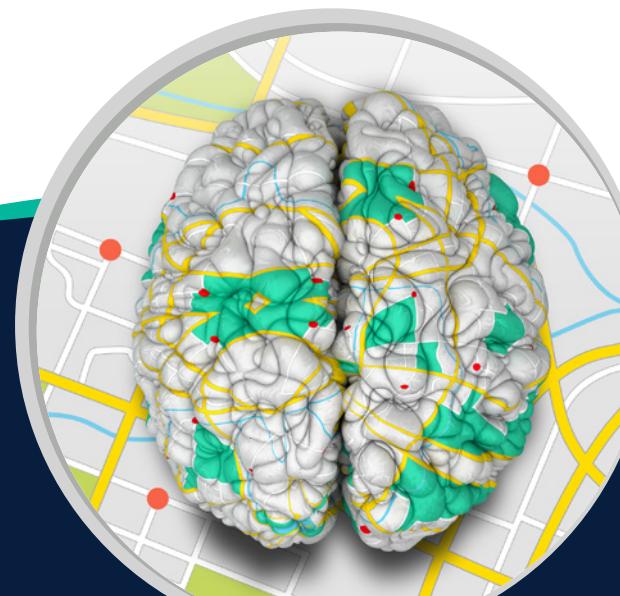
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BIOGRAPHIES

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Heather Batey

Associate Consultant, Reach

Heather brings nearly four decades of experience in neurorehabilitation and personal injury, working across the NHS, social services and the independent sector.

Heather trained as an Occupational Therapist at university in Aberdeen and began her career with a two-year clinical rotation at Harrogate District Hospital, working across orthopaedics, psychiatry, neurology and rehabilitation.

In 1994 Heather co-founded Reach, building it into a national, award-winning provider of home-based brain injury rehabilitation for adults and children. She led the organisation clinically, ensuring high-quality services for those recovering from head trauma, traumatic brain injury (TBI), concussion and functional neurological disorder (FND).



Lizzy Clarke, BSc (Hons)

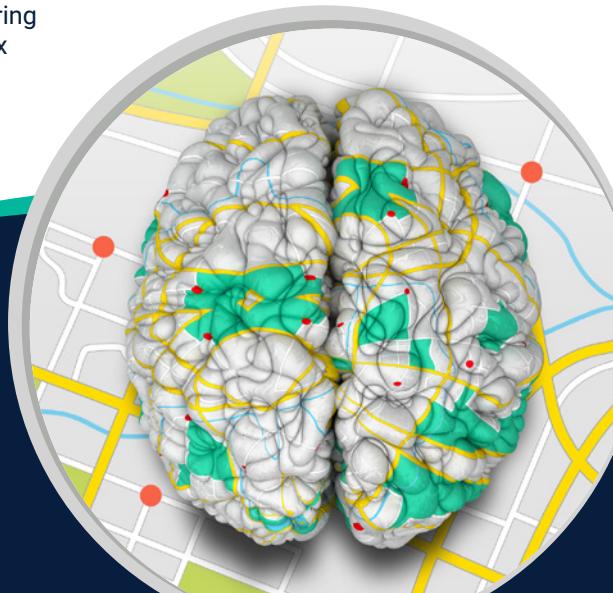
Senior Clinical Lead, Reach

Lizzy is a Senior Clinical Lead Occupational Therapist with a decade of specialist experience in neurological rehabilitation. She began her career after qualifying from the University of East Anglia in 2015, inspired early on by a pivotal placement on the stroke unit at King's College Hospital, London.

She has since gained extensive clinical experience across major trauma, neurology, stroke, and hand therapy services, including specialist skills in thermoplastic splinting. Her work spans both acute and community settings, from the Wessex Neurological Centre in Southampton to Early Supported Discharge teams and Level 2 Neurological Rehab Units.

Lizzy returned to Norwich in 2019 to join the Acute Neurosciences Unit at the Norfolk & Norwich University Hospital, where she spent over four years supporting complex discharges, working on the Hyper Acute Stroke Unit, providing multidisciplinary care, and inpatient neurorehabilitation.

Throughout her career, Lizzy has also worked with reach, progressing to Senior Clinical Lead. She now combines her broad clinical expertise with a strong commitment to improving outcomes for individuals recovering from traumatic brain injury, and other complex neurological conditions including FND and concussion.



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Nationwide Specialist Occupational Therapy

Our Assessments and Treatments

- Neuro Occupational Therapy
- Functional Neurological Disorder
- Post Concussion Symptoms
- Rehabilitation Potential
- Head Trauma Triage
- Occupational Therapy

Why Reach?



We drive positive change



We are transparent



We are honest and accountable



We deliver clinical excellence



We are curious and ready to learn

Learn more



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