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# ONLINE WORKSHOP Rehabilitation for Disorders of Executive Functioning

Online workshop with  
**Professor Barbara Wilson**  
OBE



This online resource package includes:

- Professionally filmed sessions
- PDF of all the slides
- Digital activities workbook

The benefits of this course being online are:

- Complete the course in your own time
- Personalised CPD certificate for 5 points
- Unlimited time to access the resource
- Resources remain in your account forever to refer back to

This intensive workshop is aimed at case managers, therapists, psychologists and other clinicians working within this sector.

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# Rehabilitation for Disorders of Executive Functioning

## Online workshop with Professor Barbara Wilson OBE

Once you have booked this course the resources will be immediately made available to you. The benefit of this forum is that you can complete the training in your own time. You will also have access to the resources forever so you can refer back to it at any point. Once you have viewed all of the content you can self declare that you have completed the training and a CPD certificate will be added to the resource to download at anytime.

The course is professionally filmed and comes with a digital activities workbook. The session begins with a discussion on the meaning of executive disorders together with examples of the cognitive, emotional and behavioural consequences faced by people with executive difficulties.

This is followed by a consideration of some influential models of executive functioning. Those models which have had a major influence on rehabilitation practice will be given particular emphasis.

We tackle ways of measuring executive functions before addressing rehabilitation procedures. These attempt to reduce the everyday problems faced by survivors of non progressive brain injury who are left with difficulties in activation, thinking, planning, problem solving and other executive deficits.

We also consider restoration of function, internal strategies, external compensatory aids and environmental control.

This workshop is interactive and practical and will incorporate video clips and exercises to illustrate the concepts introduced.

## Objectives of the workshop

Participants will:-

- Understand the meaning of executive disorders
- Learn about different models of executive functioning particularly those which have influenced rehabilitation practice
- Be familiar with some of the main assessment procedures for measuring executive functions
- Have a working knowledge of the main rehabilitation procedures
- Be introduced to some of the internal, external and environmental approaches to rehabilitation Learning outcomes

By the end of this workshop participants will:-

- Have a good understanding of executive disorders and how to conceptualise these
- See how models of executive functioning can enable us to explain and conceptualise disorders
- Grasp the main principles behind some of the assessment procedures used to identify executive difficulties
- Be conversant with some of the rehabilitation strategies employed to help reduce the everyday problems faced by those with the Dysexecutive Syndrome
- Be aware of internal, external and environmental approaches to rehabilitation

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# Barbara Wilson

CPsychol, PhD, FBPSS, FmedSci, AcSS

Barbara Wilson is a clinical neuropsychologist who has worked in brain injury rehabilitation for 42 years. She has published 29 books (with another in press), 201 peer reviewed papers, 123 chapters and 8 neuropsychological tests. She has won many awards for her work including an OBE from the Queen in 1998, for services to rehabilitation; five lifetime achievement awards, one from the British Psychological Society, one from the International Neuropsychological Society, one from the National Academy of Neuropsychology, one from the Encephalitis Society and one from the NHS 70 year anniversary parliamentary awards where she was regional champion for the Midlands and East Region. In 2011 she received the Ramon Y Cahal award from the International Neuropsychiatric Association.

In 2014 she received an honorary degree from The University of Cordoba, Argentina. Also in 2014 she received the M.B. Shapiro award from The Division of Clinical Psychology (affiliated to The British Psychological Society) for Distinguished Contributions to Clinical Psychology. In 2019 she received the annual award from the Spanish Clinical Neuropsychological Society. She is editor of the journal "Neuropsychological Rehabilitation" which she founded in 1991 and in 1996 she established the Oliver Zangwill Centre for Neuropsychological Rehabilitation. A rehabilitation centre in Quito, Ecuador is named after her. She is currently president of the UK Encephalitis Society and is on the management committee of The World Federation of Neuro Rehabilitation. The UK Division of Neuropsychology has named a prize after her, the 'Barbara A Wilson prize for distinguished contributions to neuropsychology'. She is a Fellow of The British Psychological Society, The Academy of Medical Sciences and The Academy of Social Sciences. She is honorary professor at the University of Hong Kong, the University of Sydney and the University of East Anglia. She has held 30 research grants. Her work has resulted in changes in clinical practice. For example, as a result of a randomised control trial evaluating a paging system to improve the everyday functioning of people with memory and planning problems, the local health authority set this up as a health care system for people throughout the United Kingdom.

Barbara A Wilson has been involved in the training of clinical psychology trainees (interns) for many years. Some of her ex students have been high achievers. These include Jonathan Evans, Linda Clare, Nick Alderman, Jane Powell, Tatia Lee and Agnes Shiel, all of whom are full professors.



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