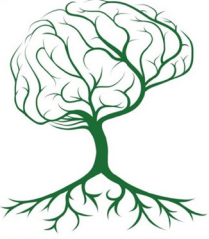


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Presents

# The Missing Piece:

## Recognising and Managing Vestibular Dysfunction After Brain Injury

Vestibular dysfunction is one of the most common yet frequently overlooked consequences of brain injury, often presenting as dizziness, imbalance and “not quite right” symptoms.

This session will help you recognise the signs early and take clear, practical steps to support more effective assessment, referral and rehabilitation.

**Presented by:**

**Nicola Hunt**

Specialist Neurological and Vestibular Physiotherapist, Physiocare Rehab

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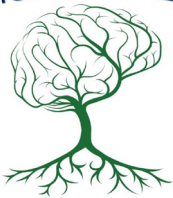


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**Dizziness, imbalance, visual disturbance, fatigue and vague "not quite right" symptoms are commonly reported following brain injury and can have a significant impact on function, confidence, participation and rehabilitation outcomes.**

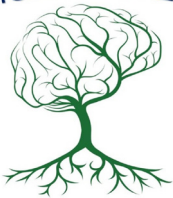
Despite their prevalence, vestibular dysfunction frequently remains under-recognised or misattributed within rehabilitation pathways, particularly when symptoms present in subtle, fluctuating or non-specific ways. As a result, individuals may experience prolonged difficulties with mobility, concentration, visual processing, tolerance to busy environments and day-to-day activities, often without appropriate assessment, referral or targeted intervention.

This session is designed specifically for those working in the field of brain injury, focusing on how to recognise the signs of vestibular dysfunction, understand its prevalence and impact, and know when and how to refer for appropriate assessment and support. The session will translate clinical knowledge into practical insights you can apply immediately within your role, alongside a curated list of trusted resources to support your clients more effectively.

**By The end of the training delegates will have developed their knowledge and skills to:**

- Be aware of the prevalence of vestibular dysfunction after brain injury
- Understand the presentation of vestibular dysfunction
- Know which questions to ask when screening a person for vestibular dysfunction
- Know where to find a vestibular specialist, and other resources.

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# BIOGRAPHY

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**Nicola Hunt**  
Chartered Physiotherapist

Nicola Hunt is a highly experienced Chartered Physiotherapist specialising in neurological and vestibular rehabilitation, with over 20 years of specialising in working with individuals following brain injury and vestibular conditions. She is the founder of Physiocare Rehab Ltd and works extensively within medico-legal rehabilitation, supporting clients with complex presentations in community settings.

Nicola has developed a particular clinical interest in vestibular dysfunction after brain injury. She is known for her ability to identify vestibular issues that may be missed in standard rehabilitation pathways and for translating complex neurophysiology into practical, clinically relevant strategies.

Alongside her clinical work, Nicola is an experienced educator and speaker. She delivers training to healthcare professionals, case managers, and organisations, focusing on concussion, vestibular rehabilitation, and brain health. She is also a contributing author to the book *Adjusting to Brain Injury* and regularly presents on topics related to brain injury and vestibular conditions, both in the UK and globally.

Nicola brings a practical, evidence-informed approach to her teaching, combining her clinical expertise with a strong focus on real-world application, helping professionals feel more confident in recognising and responding to vestibular dysfunction in their clients.

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## Physiocare Rehab Ltd Specialist Clinical Training in Brain Injury & Rehabilitation

High-quality training designed for professionals working with individuals following brain injury.

At Physiocare Rehab Ltd, we deliver practical, evidence-informed education that bridges the gap between theory and real-world clinical practice.

Our training is built from over 20 years of specialist neurological physiotherapy experience, supporting clinicians, case managers and rehabilitation teams to feel more confident in recognising, understanding and managing complex presentations.

Training can be delivered as individual sessions, full study days, or bespoke programmes tailored to your organisation.

To find out more or discuss your training needs, contact:  
Physiocare Rehab Ltd

[info@physiocarerehab.co.uk](mailto:info@physiocarerehab.co.uk)

07814 823602

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